

### Contact Us

City Hall 10 N. Bemiston Ave.	(314) 727-8100
The Center of Clayton 50 Gay Ave.	(314) 290-8500
Clayton Fire Department 10 N. Bemiston Ave.	(314) 290-8485
Clayton Police Department 10 S. Brentwood Blvd.	(314) 290-8420
Police Non-Emergency	(314) 645-3000

Report an Issue (Non-Emergency) www.claytonmo.gov/ReportAProblem

### **Helpful Numbers**

St. Louis County	(314) 615-5000
Republic Services	(636) 947-5959
Ameren Missouri	(314) 342-1000
Metropolitan Sewer District	(866) 281-5737
Missouri American Water	(866) 430-0820
St. Louis County Library – Mid-County Branch 7821 Maryland Ave.	(314) 994-3300

ON THE COVER: Kaldi's Coffee in the DeMun neighborhood during a snow storm. Photo Credit: Bob Denlow

### Connect with us



### City's Social Media



@ClaytonMissouri





@CityofClayton



@downtownclaytonmo



@downtownclaytonmo

### Our Mission

The mission of Clayton city government is to foster a diverse and inclusive community with a vital balance of neighborhoods, businesses, commercial and government centers, educational institutions and a healthy environment through an open, equitable, accessible and fiscally responsible government.

### Accessibility to All

We welcome individuals of all abilities to enjoy our facilities and participate in programs. If you or someone you know requires assistance, let us know at the time of registration or at least two weeks in advance of dropin use. If we are unable to meet your request, you may address your concerns through the established grievance procedure.

For more information, please contact Inclusion Coordinator Sarah Croy at croys@webstergrovesmo.gov or (314) 963-5623

### Holiday City Office Closures & **Trash Collection Changes**



City Offices Closed Christmas Day, Dec. 25 New Year's Day, Jan. 1 MLK Day, Jan. 15 President's Day, Feb. 19

### Center of Clayton **Holiday Hours**

Christmas Eve, Dec. 24 New Year's Eve, Dec. 31 7:00 a.m. - 3:00 p.m.

Christmas Day, Dec. 25 Closed

New Year's Day, Jan. 1 12:00 - 5:00 p.m.



Trash Collection Changes

Christmas Day, Dec. 25 New Year's Day, Jan. 1

Routes will be picked up one day after their regular collection day.

### **Upcoming Events & Notices**



### **Toys for Tots Drive** Coffee with a Cop City Coffee & Creperie December 1

8:00 - 10:00 a.m. See City Views, pg. 9



**Kids' Night Out** Center of Clayton Dec. 15, Jan. 19 & Feb. 16 6:00 - 9:00 p.m.

See Activity Guide, pg. 21



**Blood Drives** Center of Clayton 12:00 - 5:00 p.m.

• December 19





### **Toys for Tots Drive Pancake Breakfast**

Clayton Fire Station December 9 9:00 - 11:00 a.m. See City Views, pg. 9



Ward 3 Coffee Starbucks (2 N. Central Ave.) Dec. 16 10:00 - 11:00 a.m.



### **Winter Family Bingo** Night

Center of Clayton January 19 6:00 p.m. See Activity Guide, pg. 21

### **Community CPR Class**

Center of Clayton January 27 9:00 a.m. See Activity Guide, pg. 20

### **Upcoming Meetings**

**Board of Adjustment** Dec. 7, Jan. 4, & Feb. 1

Plan Commission/ARB Dec. 4 & 18, Jan. 2 & 15, & Feb. 5 & 19

**Community Equity Commission** Dec. 14, Jan. 11, & Feb. 8

Parks and Recreation Commission Dec. 4, Jan. 8, & Feb. 5

**Board of Aldermen (BOA)** Dec. 19, Jan. 9 & 23, & Feb. 13 & 27

**Sustainability Advisory Committee** Dec. 19, Jan. 16, & Feb. 20

**BOA Strategic Discussion Session** Dec. 15, Jan. 19, & Feb. 16

**Mayor's Commemorative Landscape Task Force** 

Dec. 13, Jan. 24, & Feb. 28

**Clayton Recreation Sports and Wellness** Commission

Feb. 16



The Clayton Restaurant Week is scheduled for January 15-21, 2024. Participating restaurants will feature special menu and pricing options. For more information including participating restaurants, menus, and gift card contest registration, visit www.DineClaytonMo.com.

### **MAYOR'S MESSAGE**



**Mayor Michelle Harris** 

As we say goodbye to 2023, I am reflecting on our City's good fortune. Despite some challenges in financial markets, our renowned restaurants are thriving, and hotel stays are gradually trending up, with new offerings on the horizon. Commercial development remains strong with approximately one half billion dollars invested in new projects and major upgrades taking place at existing properties. All these new residents, visitors and returning office workers will be a catalyst for more vibrancy in downtown Clayton.

While growth is necessary, I know that our community also cares deeply about preserving some of the historic and charming aspects of our City. So I want to make sure to mention that we have placed a zoning overlay on the 8100 block of Maryland Avenue, known as the Williamsburg Shops, which will permanently preserve the architectural style and scale of those buildings.

It is crucial to understand what our community values in terms of land use, park facilities, and multi-modal amenities as we plan for the future. We are grateful that so many of you are fully engaged in our ongoing planning processes and look forward to the results of that work in 2024.

While we are fortunate to live in such a special place--where we feel safe, have outstanding city services, beautiful parks and historic neighborhoods--there are those in our region who are struggling. I am referring in particular to the unhoused individuals across the metro area and here in Clayton, where many of you have been in touch with us regarding your ideas and concerns. It is important for you to know that your elected officials and staff are actively working on this by researching efforts in other communities, and developing collaborations with local organizations, educational institutions and the St. Louis County Health Department. In addition, mayors across the county in conjunction with the St. Louis Metro Municipal League are banding together to search for solutions. Hopefully, with everyone's help we can make some progress on this issue.

In the meantime, we can be thankful for our wonderful local community and continue to support our local shops and businesses during this holiday season and beyond.

As always, I am proud and also grateful to serve as your Mayor,

Michelle Harris





### WARD 1 MESSAGE





Ald. Rick Hummell

Ald. Becky Patel

Happy Holidays Friends and Neighbors:

The beautiful fall colors found in our parks are gone and we turn our attention to neighborhood and family get-togethers and seasonal activities.

We also have significant opportunities for engagement on planning and development issues that will affect our neighborhoods.

Concordia Seminary and Washington University are engaging in a process that calls for significant changes to the Concordia Seminary property. The institutions provided overviews of their respective plans and then held community wide and neighborhood-focused meetings to provide more information and solicit feedback. The City has been reflecting on the comments and questions posed during these meetings. City staff are working on draft regulations for the proposed overlays that seek to establish protections for the neighborhoods and the community and create a framework for expectations moving forward. Upon completion of the draft regulations and a traffic study, another round of community engagement meetings will be scheduled. More information can be found at the City's public engagement website www.EngageClayton.com.

The Clayton Community Foundation has begun the process of commissioning an artist to create a site-specific piece of art for the eastern gateway to Clayton along Wydown Boulevard. You can learn more about the project and your ability to participate at www.ClaytonCommunityFoundation.org.

Finally, Clayton is midway through two other community-wide planning initiatives. More information about both initiatives can be found at www.EngageClayton. com. Initiatives include:

Clayton Tomorrow 2040 addresses an updated Comprehensive Plan, which will focus on future land use and development decisions. The next phase will continue to seek community engagement by reviewing feedback from prior phases and begin the evaluation of goals and implementation strategies.

The Livable Community Master Plan aims to set forth a vision for the future of Clayton's parks and recreation resources, as well as how we get to those spaces on sidewalks, bike lanes, and trails. Engagement is underway now to create the vision for the future.

We are proud to serve our city and our neighbors in Ward 1. Best wishes for the New Year!

Becky and Rick

### FALL LEAF COLLECTION

Listed are the weeks and days of collection for each street and subdivision in Clayton. Leaves should be placed out by 7:00 a.m. Please visit **www.claytonmo.gov/leaf** for more information.

As a reminder, residents may also utilize the yard waste program through Republic Services to place leaves and other yard waste in collection bags for pickup on your scheduled yard waste day. Please visit www.claytonmo.gov/collection for more details on yard waste collection.

Subdivision	Day(s) of the Week	Weeks of
Bemiston (Old Town)	Thursdays	Dec. 14 & Jan. 11
Carrswold	Fridays	Dec. 15 & Jan. 19
Claverach Park	Wednesdays	Dec. 20 & Jan. 17
Clayshire	Fridays	Dec. 8 & Jan. 12
Clayshire Ridge	Fridays	Dec. 8 & Jan. 12
Clayton Gardens	Mondays	Dec. 11 & Jan. 8
Country Club Court	Tuesdays	Dec. 12 & Jan. 9
Davis Place	Wednesdays	Dec. 13 & Jan. 10
DeMun/Hi-Pointe*	Tuesdays & Thursdays	Dec. 5 & 7, & Jan. 2 & 4
E. Brentmoor	Thursdays	Dec. 21 & Jan. 18
Ellenwood	Mondays	Dec. 18 & Jan. 16**
Forest Court*	Mondays & Fridays	Dec. 1 & 4, & Jan. 2** & 5
Forest Ridge	Thursdays	Dec. 7 & Jan. 4
Forsyth (6300/6400 Blocks)	Thursdays	Dec. 7 & Jan. 4
Hanley Place (7500/7600 Blocks Westmoreland)	Thursdays	Dec. 14 & Jan. 11
Hillcrest	Mondays	Dec. 18 & Jan. 16**
Maryland Terrace (7400 Block Maryland)	Thursdays	Dec. 14 & Jan. 11
Moorlands (7400 Block)	Mondays	Dec. 4 & Jan. 2**
Moorlands (7500 Block)*	Mondays & Fridays	Dec. 1 & 4, & Jan. 2** & 5
Northmoor (Bland Ave.)	Tuesdays	Dec. 19 & Jan. 16
Parkside (10 Blocks Topton & Brighton)	Mondays	Dec. 11 & Jan. 8
Polo	Tuesdays	Dec. 12 & Jan. 9
Shirley Drive (7700 Block)	Tuesdays	Dec. 12 & Jan. 9
Skinker Heights	Wednesdays	Dec. 6 & Jan. 3
Southmoor	Tuesdays	Dec. 19 & Jan. 16
Stratford (8100 Block)	Mondays	Dec. 11 & Jan. 8
Tuscany Park	Tuesdays	Dec. 5 & Jan. 2
West Brentmoor	Tuesdays	Dec. 19 & Jan. 16
Walinca Terrace (7700 Block)	Tuesdays	Dec. 12 & Jan. 9
Wenneker & Louwen Drives	Fridays	Dec. 8 & Jan. 12
Wydown Forest	Thursdays	Dec. 21 & Jan. 18
Wydown Terrace	Wednesdays	Dec. 6 & Jan. 3

<sup>\*</sup>Denotes restricted parking for street cleaning, follow signs for your side of street.

REMINDER: Please be sure to obey the street sweeping signs on the scheduled leaf collection day.

<sup>\*\*</sup>Denotes pickup delay by one day from Monday to Tuesday due to holiday.



### Clearing the Way for Snow Plows

Winter weather is quickly approaching. Throughout winter weather events, the City of Clayton attempts to keep all city-maintained streets and alleys cleared and passable to the best of our abilities. The order in which roads are cleared during winter weather operations is based on the road's priority, which is determined by its functional classification, typical traffic volume, and emergency service's needs. When snow is falling at a very heavy rate, priorities may need to be shifted solely to the main routes temporarily. The City uses salt and a brine mixture in varying rates and combinations based on temperature and precipitation levels before and during the snow event. As time, temperature, and weather permits, the Department of Public Works will work to achieve clear pavement on city streets and alleys.

CLEAR THIS AREA

DRIVEWAY

SHOVEL SNOW IN DIRECTION OF TRAFFIC

SNOW PLOWED FROM PAVEMENT

### Help Us Make Snow Plowing Safer & Quicker

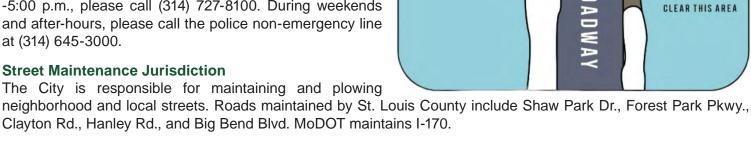
Although city staff are well-trained, snow removal can be challenging on tight neighborhood streets and during conditions of low light and limited visibility. We ask the community for their assistance in making this process easier for our staff. Please follow the tips below.

- Keep parked cars off all roadways, especially courts and cul-de-sacs, and park in drive-ways whenever possible during snow events.
- Give plows plenty of space to work by not following too closely, approaching plows, or interfering with snow removal.
- When shoveling/removing snow from driveways and adjacent sidewalks, pile the snow to the right side of the driveway to reduce the potential of having it redeposited in the driveway opening when plows pass.

#### Who to Call?

During winter weather events Monday-Friday from 8:00 a.m. -5:00 p.m., please call (314) 727-8100. During weekends and after-hours, please call the police non-emergency line at (314) 645-3000.

neighborhood and local streets. Roads maintained by St. Louis County include Shaw Park Dr., Forest Park Pkwy.,





### **City Awarded SolSmart Bronze** Designation

The City received a Bronze designation from the national SolSmart program for encouraging the growth of clean, affordable solar energy at the local level.

As a SolSmart Bronze designee, the City has adopted nationally recognized best practices to advance solar market growth. The City of Clayton worked with SolSmart's no-cost technical assistance team to increase local knowledge of solar energy so the entire community can benefit. SolSmart designation since the program launched in 2016. Scan the QR code to learn more.

Suggested Location

of Mailbox to Reduce

Possibility of Damage

SNOW PLOWED FROM PAVEMENT

SHOVEL SNOW IN

DRIVEWAY



Winter storms can bring frigid temperatures, heavy snowfall, and icy conditions, posing serious risks. The Clayton Fire Department is committed to ensuring that our residents are well-prepared for the challenges that winter storms can bring. Here are tips for winter storm emergency preparedness to keep you and your loved ones safe:

- Stay Informed: Monitor local news, weather reports, and official emergency channels for updates on storm predictions, warnings, and advisories. Having a weather app or a NOAA weather radio on hand can also be helpful for receiving real-time information.
- Create an Emergency Kit: Build a winter storm emergency kit that contains essential items, such as non-perishable food, bottled water, a first-aid kit, prescription medications, flashlights, batteries, blankets, warm clothing, and a portable phone charger. Ensure you have enough supplies to last at least 72 hours.
- Prepare Your Home: Protect your home from the cold by insulating walls and attics, sealing any gaps or cracks
  in doors and windows, and ensuring that your heating system is working correctly. If you have a fireplace or woodburning stove, make sure it is clean and safe to use. Stock up on heating fuel and firewood if needed.
- Winterize Your Vehicle: If you need to travel during a winter storm, ensure that your vehicle is winter-ready. This includes checking tire treads, brakes, and all fluid levels. Keep an emergency kit in your vehicle with items like a shovel, ice scraper, sand or kitty litter for traction, warm clothing, and extra blankets.
- Stay Safe Indoors: It's crucial to stay indoors whenever possible. If you must go outside, dress in layers and limit
  exposure to extreme cold. Frostbite and hypothermia can set in quickly, so be aware of the signs and symptoms
  and seek medical attention if necessary.
- Food and Water: During a winter storm, power outages can occur, making it essential to have an ample supply
  of non-perishable food items, such as canned goods, granola bars, and dried fruits. Stock up on bottled water in
  case your water supply is compromised.
- Heating Safety: If using alternative heating sources, like space heaters or fireplaces, follow safety precautions.
  Keep flammable items away from heat sources, use space heaters with automatic shut-off features, and never
  leave a fire unattended. Carbon monoxide detectors are crucial to have in your home, as they can detect harmful
  gas leaks from heating sources.
- Stay Connected: Maintain communication with family and neighbors during a winter storm, especially if you have elderly or vulnerable neighbors who may need assistance. Ensure you have a charged cell phone and alternative means of communication, such as a battery-powered radio.
- **Emergency Contacts:** Create a list of emergency contact numbers, including family, friends, and local authorities, in case you need assistance or need to report an emergency. Share this list with family members.
- Know Your Evacuation Routes: In the event of a severe winter storm, it's crucial to know your evacuation routes and have a plan in place for relocating to a safer location if necessary. Make sure your family is aware of the plan.

### Home for the Holidays: Seasonal Safety Tips

The holiday season is a time of joy, togetherness, and celebration. However, it is also a period when the risk of home fires tends to increase due to the abundance of decorations, cooking, and heating. The Clayton Fire Department is committed to keeping our community safe during this festive time. To help ensure a safe and joyful holiday season for everyone, here are some essential fire safety tips from our department:

- Mind Your Christmas Tree: If your holiday celebration includes a live tree, make sure it stays well-watered to prevent it from becoming dry and susceptible to catching fire. Keep it away from heat sources, such as radiators and fireplaces. Check the tree lights for frayed wires or broken bulbs and never leave them on when you go to bed or leave the house.
- Safe Decorations: Decorations, especially those with electrical components, can pose fire hazards if not used safely. Only use lights and decorations that are labeled as flame-resistant or flame-retardant. Be mindful of overloading electrical outlets, and use power strips with surge protectors if needed. Always turn off decorations before going to bed.
- Candles with Caution: Candles add warmth and ambiance to your holiday décor, but they also pose a significant fire risk. Keep candles in sturdy, non-combustible holders and place them on stable surfaces away from flammable materials. Never leave burning candles unattended, and consider using flameless LED candles as a safer alternative.
- Safe Cooking Practices: The holiday season is synonymous with festive feasts. Ensure your culinary celebrations are safe by never leaving cooking foods unattended. Keep flammable items like kitchen towels and oven mitts away from the stovetop. If you deep-fry your turkey, do it outdoors and away from your home.
- Smoke Alarms, Carbon Monoxide Detectors, and Fire Extinguishers: Test your smoke alarms and carbon
  monoxide detectors to ensure they are in working order. If you don't have one, consider installing a smoke alarm
  in every sleeping area, as well as on every level of your home. It's also a good idea to have fire extinguishers
  readily available, particularly in the kitchen.
- Space Heaters: As the weather gets colder, space heaters become a popular way to keep warm. Make sure your space heater has an automatic shut-off feature and is placed at least three feet away from flammable materials. Never leave it unattended while in use.
- Escape Plan: Fires can happen, even with the best precautions. Have a fire escape plan in place, and ensure all family members are familiar with it. This plan should include a meeting place outside your home where everyone can gather after escaping.
- **Electrical Safety:** Check for frayed wires or damaged cords on all electrical devices and appliances. Ensure extension cords are not overloaded, and unplug decorations and lights when they are not in use.



### Coffee with a Cop & Fill the Patrol Car

- December 1 from 8:00-10:00 a.m.
- Location: City Coffee & Creperie
- Enjoy coffee with Clayton's police coffees and donate toys to the Toys for Tots Toy Drive

Donations will be accepted through December 8 at the following locations. The City is also hosting two special events.

- Clayton Fire Station and Clayton City Hall Lobby (10 N. Bemiston Ave.)
- Center of Clayton (50 Gay Ave.)
- Clayton Police Department Lobby (10 S. Brentwood Blvd.)

#### **Fill the Fire Truck Pancake Breakfast**

- December 9 from 9:00-11:00 a.m.
- Location: Clayton Fire Station
- This year's Toys for Tots campaign will wrap up with a Pancake Breakfast at the Firehouse on December 9 from 9:00-11:00 a.m. in the apparatus bay of the firehouse (10 N. Bemiston Ave.; Forsyth entrance).

### **Holiday Safety Tips**



Jenny Schwartz
Corporal & Public
Information Officer

As we approach the end of 2023, we're happy to report that our overall crime rates and incidents of violent crime remain low and are down compared to last year. We're grateful for the support of our community and your assistance in making Clayton a safe place to live, work, and visit! Looking forward to the new year, we'd like to share some tips and reminders to help you wrap up your holiday season safely.

When shopping, walking to and from your vehicle, or loading items into your vehicle, always remain aware of your surroundings. Shop with a buddy and don't become distracted by cell phones or other devices.

### **Preventing Motor Vehicle Theft and Thefts from Vehicles**

Through the year's first three quarters, 28 vehicles were stolen from Clayton. That number is down 26% as compared to 2022. Last year, we saw an increase in thefts of Kia and Hyundai vehicles across the country. Both manufacturers are working to develop anti-theft solutions for the impacted models. Seven of the cars stolen this year were Hyundais, and three were Kias. None of those vehicles had keys inside when they were stolen. We encourage all vehicle owners to stay informed and check with your vehicle's manufacturer to determine if your car qualifies for any recalls or improvements.

### **Unattended Vehicles**

Winter brings more extended periods of darkness and cooler temperatures. It also means more opportunities for thieves to steal your vehicle or the items inside your car. Never leave your vehicle unattended while the engine is running. Remote start technology may be convenient, but not all systems are created equal. While some vehicles require the key or fob to be inside the car to drive away, others may allow you to travel to another state as long as the engine is running! Please don't risk it. Turn your vehicle off even if it's in your driveway.

### **Keys Left Inside of Cars**

We continue to see reports of vehicle thefts involving the keys left inside vehicles. Of the 28 vehicles stolen this year, 13, or 46%, of those cars had keys left inside, down from 57% in 2022. Please remove your keys, fobs, or garage door openers from your vehicles anytime they will be parked and unattended. While at home, we recommend storing your fobs away from entry points. Just as remote ignitions are different by manufacturer, some fobs have a longer signal range than others. For example, if you store your key fob in a mudroom and park on a driveway, you may still be able to unlock your vehicle doors without having your key in hand. Does your vehicle have a valet key in the glove box? You might be surprised! Removing your valet key may be the step that prevents criminals from driving away with your car.

#### **Auto Break-ins**

Establishing a **#9pmRoutine** can be an excellent reminder of things we should all be doing around the clock. In addition to removing your keys and remotes from your vehicles, lock your car doors. Never leave valuables, purses, backpacks, firearms, or packages inside your unattended vehicle. If you must leave those items behind, consider locking them in your trunk before you reach your destination. If you observe someone looking into cars



or checking door handles, do not confront them. These suspects are often armed. Instead, be a good witness and call 911. Share as much descriptive information as you can, including a description of the suspect(s), any vehicles associated with them, and their direction of travel.

### **Personal Safety**

Your safety is always a priority for us. With the hustle and bustle of the holiday season, it's easy to become distracted. Your situation awareness or your conscious knowledge of your immediate environment and what is happening around you are essential when dealing with large crowds or unfamiliar spaces. Whether you're attending a party, finishing your shopping, or walking the dog, we recommend using the buddy system and taking a friend or family member with you. Can't bring a buddy? Let someone know your plans, including your route, destination, and anticipated return time, and avoid any unplanned shortcuts. Walk, run, and park in well-lit, high-traffic areas whenever possible. Keep your cell phone charged and easily accessible for emergencies, and carry a form of identification. If you use your earbuds, keep the volume low enough to allow you to hear any noises around you. If you are the victim or witness of a crime, please call 911 immediately!

### **Home Burglary Prevention**

Are you spending the holidays away from home? The Clayton Police Department offers a free vacation check program. If you let us know when you'll be gone, we'll keep an eye on things to ensure your property is safe. Some of the same safety precautions we recommend for times you're away can be used while you're home. If you're traveling or will be away from home for extended periods, let a trusted neighbor know your plans and consider using timers for your lights and other electronics. Lock your doors and arm your security systems even when you're home. Avoid leaving packages unattended on your porch or driveway. If you won't be home to accept your deliveries, consider shipping items to your office or selecting curbside pick-up options. Practice the art of deception by breaking down your boxes and concealing them in your disposal bins.

### **Prevent Credit Card Fraud**

The holiday season often means an increase in online purchases. If we're not careful, those purchases could be opportunities for criminals to exploit unsuspecting buyers. We strongly suggest only shopping on verified sites with secure payment methods like credit cards or PayPal. Your purchase may not be protected if your payment comes from a debit card or a direct withdrawal from your bank account. Avoid using public Wi-Fi, and don't provide payment over the phone or by email. Beware of data breaches at online retailers, and check your bank statements regularly. If you notice any fraudulent activity, report it as soon as possible. For more helpful tips, visit www. consumer.ftc.gov.

### **Sharing Information Online**

We understand the urge to share information with our family and friends through social media. However, think twice before sharing any photos of expensive gifts or purchases. Posting images or other information about valuable gifts, especially jewelry or electronics, may make you a target for theft. Protect your items by keeping them off social media and share your memories instead!

The safety of our community is a joint effort, and there are always things we can do to make things better. Let's work together in the coming months to prevent opportunities for crime and keep each other safe.

Stay safe,

Corporal Jenny Schwartz, Public Information Officer

# SHARE YOUR

The City of Clayton is undergoing a process to update our comprehensive plan and we need your participation! This project is called Clayton Tomorrow 2040 and is an opportunity for our community to set goals and visions related to land use and economic development as well as sustainability and transportation.

We have entered Phase 3, which focuses on future land use planning. We are looking for feedback, ideas, and reactions to potential land use scenarios, visions, and goals. To view the scenarios and draft objectives, visit the Clayton Tomorrow 2040 page on EngageClayton.com. There you can leave comments, ask questions, see dates for upcoming meetings and engagement events, and more!

The feedback we gather will help us determine which scenarios and visions to include in the comprehensive plan as well as prioritize our objectives. It is vital that we hear from the community to help make these decisions, which will guide development and land use for the next 10 to 20 years!



### OPEN HOUSE

CLAYTON TOMORROW 2040 & LIVEABLE COMMUNITY MASTER PLAN

Tuesday, December 5th, 4:00pm - 7:00pm

Center of Clayton, 50 Gay Avenue

For more information:



CLAYTON TOMORROW



www.EngageClayton.com

Help shape the future of Clayton!

### Community **Planning Meeting**

Tuesday, Dec. 5 4:00-7:00 p.m. **Center of Clayton** 50 Gay Ave.







The Clayton Tomorrow 2040 and Livable Community Master Plan teams will jointly host a public meeting on December 5 from 4:00-7:00 p.m. - you won't want to miss it! Come make your voice heard and learn more about the important work these plans will do to shape the future of Clayton. Visit www.EngageClayton for more information.

### Livable Community Master Plan How should we improve street crossings, sidewalks, and trails in Clayton?

Add your feedback to 🖳 📜 the online map at 🐉 🖙 🗗 bit.ly/walkbikeclayton 高陰震襲



### Map Your Route!

The City wants to know where you think we should improve intersections, trails, and sidewalks to make it easier to walk and bike in Clayton. We're requesting your feedback! Take five minutes to add your thoughts to the map: bit.ly/walkbikeclayton.

### Recycle & Reuse

The City of Clayton's Sustainability Advisory Committee has compiled a list of locations throughout the region where common household items such as toys, electronics, home improvement

supplies, plastic bags, and plastic film may be recycled or put to reuse. Scan the QR code to learn more.

### Tree Collection

Christmas trees will be collected at no charge throughout the month of



January on your regular yard waste collection day. The tree must be free of all decorations including tinsel, garland, ornaments, and lights. Trees 6' and taller should be cut in half.

After January, the tree must be cut into pieces shorter than four feet in length, and bundled or containerized for pickup as a regular yard waste pickup. For questions, please call (636) 947-5959.



### Parks & Recreation Project Updates

### **Shaw Park Tree Top Playground**

Splash pad improvements were completed this fall and will reopen this spring.

### **Art Installed at Chapman Plaza Fountain**

The new artwork, funded by the Clayton Community Foundation, has been installed in the fountain at Chapman Plaza in Shaw Park. The lighting is still being configured to allow for multicolored lights. The piece was designed by Third Degree Glass Factory, fabricated by TrocoFab, LLC, and installed by Parks and Recreation Department staff.

Remembrance Park on Maryland Avenue Utility relocation disruptions have been resolved and excavation is slated to begin early December. Concrete work will follow and the project should be completed this spring, weather permitted. This project is partially funded through grant funds. Follow the City's website and social media channels for updates.

### Candidate Filing for April 2024 Election

In accordance with the state law and the Charter of the City of Clayton, notice is given that a general municipal election shall be held in the City of Clayton, Missouri on Tuesday, April 2, 2024 for the duly qualified electors of the City to select one ward representative from each of the three wards for a three-year term of office. Requirements for the position of Alderman can be found in Article II, Section 3 of the City's Charter and are listed below.

**Section 3**: An alderman shall be at least twenty-five years of age, a qualified voter of the State of Missouri, and a resident of the City of Clayton for at least two years immediately prior to his election. Aldermen elected by wards shall be residents of the wards from which they are elected. Aldermen shall hold no other remunerative position



in the city government during their terms. If an alderman shall cease to be a resident of the City of Clayton or of the ward by which he was elected or shall otherwise cease to possess these qualifications, or shall be convicted of a crime involving moral turpitude, his office shall immediately become vacant

Election and candidate filing begins at 8:00 a.m. on Tuesday, December 5, 2023 and closes as 5:00 p.m. on Tuesday, December 26, 2023. The City Clerk shall receive Declarations of Candidacy at 10 N. Bemiston Avenue, Clayton, Missouri. Declarations will be received by the City Clerk or her designee from 8:00 a.m.-5:00 p.m., Monday-Friday (excluding holidays when City Hall is official closed). Names of candidates shall be listed on the ballot in the order in which they are filed. For questions, please contact City Clerk June Frazier at **jfrazier@claytonmo.gov**.



### **Shop Local this Holiday Season**

This holiday season, let's come together and make a difference in our community. Support your local businesses and shop local! By choosing to shop at neighborhood stores, boutiques, and restaurants, you're not only finding unique gifts, but also helping to create jobs, boost the local economy, and sustain the vibrant spirit of Clayton. Spread holiday cheer and support your local entrepreneurs – the small businesses that make our community special. Shop local, give local, and make this season brighter for everyone!

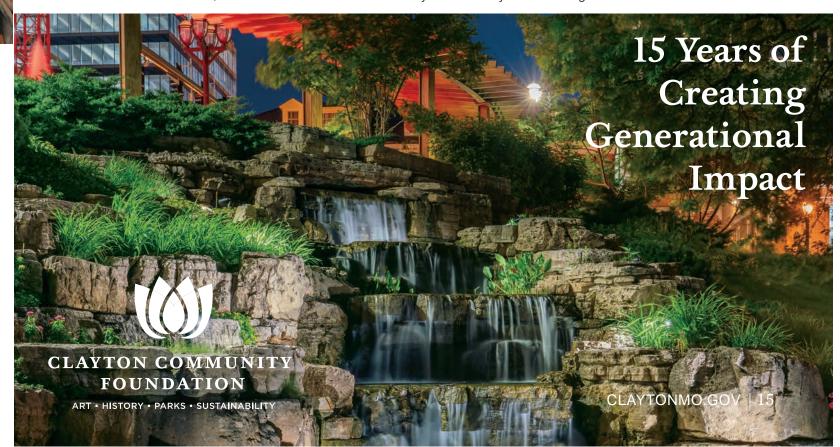
### Celebrating 15 Years of Community



### ClaytonCommunityFoundation.org

Walking through Clayton, you don't have to look far to see the impact of the Clayton Community Foundation's (CCF) work over the past 15 years. Enjoy the new enhancements at Oak Knoll Park, the Dog Park at Anderson Park, or upgrades to Hanley Park and Hanley House. Check out the new artwork installed in the fountain at Chapman Plaza in Shaw Park, which was designed by Third Degree Glass Factory and fabricated by TrocoFab, LLC. CCF's impact is ever-present in the fabric of our community. Stay tuned for opening celebrations of Remembrance Park in Downtown. We invite you to help create a vision for a new public artwork along Wydown Boulevard, just west of the city/county boundary, establishing a welcoming gateway to our community. For summer 2024, keep cool in the new Splash Pad in Shaw Park.

CCF is the official nonprofit 501(c)(3) partner to the City of Clayton. Learn about our efforts in art, history, parks, and sustainability and help us make Clayton an inviting and welcoming place for all to enjoy. To learn how you can make an impact through CCF, contact our Executive Director Alex Elmestad, at or 314-290-8553 or aelmestad@claytoncommunityfoundation.org.



### Diversity & Cultural Calendar Emergency



### **Black History Month**

As we celebrate Black History Month throughout the month of February, did you know that there was a thriving Black community in Clayton from its earliest days until the late 1950s? In February 2023, the Clayton Community Foundation and the City of Clayton recognized the enduring contributions of its Black community and unveiled a historic marker at the site of the former Attucks School, which served Black children in Clayton from 1923 until 1954. The marker stands at 7700 Bohomme Ave.

Current students from the School District of Clayton and a former student of Attucks School assist in unveiling the historic marker, recognizing the site of Attucks School.



### **Notification System**

The City of Clayton is implementing a new emergency notification system in January 2024. This new system will allow emergency notifications to be delivered directly to you via text messages, email, or phone calls.

This mass notification system is powered by a company called Everbridge and designed to keep residents, businesses, and visitors informed of emergencies.

Situations where this system will be utilized include: weather warnings, street closures, public safety alerts, and natural disasters.

For more more information and to register to receive emergency notifications, visit www.claytonmo. gov/NotifyMe.

### MAYOR & BOARD OF ALDERMEN



MAYOR Michelle Harris mharris@claytonmo.gov

CITY MANAGER David Gipson dgipson@claytonmo.gov

ASSISTANT CITY **MANAGER** Andrea Muskopf amuskopf@claytonmo.gov

WARD I



Rick Hummell rhummell@claytonmo.gov



**Becky Patel** bpatel@claytonmo.gov

WARD II



Ira Berkowitz iberkowitz@claytonmo.gov



Susan Buse sbuse@claytonmo.gov

WARD III



Gary Feder gfeder@claytonmo.gov



**Bridget McAndrew** bmcandrew@claytonmo.gov



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### **GENERAL INFORMATION**

The City of Clayton co-owns and operates the Center of Clayton with the School District of Clayton. The City's Department of Parks and Recreation manages the Center of Clayton, 11 parks (soon to be 12), the Shaw Park Aquatic Center, and the Shaw Park Tennis Center. Maintenance operations are led by the School District of Clayton. More information about these facilities and the programs offered are available throughout this guide. The Department's offices are located at the Center of Clayton.

### **LOCATIONS AND HOURS**

#### **Center of Clayton**

50 Gay Avenue, Clayton, MO 63105 (314) 290-8500

#### thecenter@claytonmo.gov www.centerofclayton.com

Mon - Fri: 5:15 a.m. - 9:00 p.m. Sat - Sun: 7:00 a.m. - 5:00 p.m.





### MEET THE STAFF

Aquatics: Karen Herbig

Fitness: Molly Troy & Brianna Zamberlan

Indoor Rentals & Community Recreation: Interim-unfilled Memberships/Registration: Marvin Thomas-Anderson &

Sam Lisby

Mid-County Inclusion Coordinator: Sarah Croy

Outdoor Rentals: Doris Patzius Sports: David Willey & Lucas Goodsell

Superintendents: Valerie Egel, Lori Rice, & Justin Whipple

Director: Toni Siering

### **ACCESSIBILITY TO ALL CITIZENS**

The City of Clayton participates in a municipal cooperative to provide inclusion services and welcomes individuals of all abilities to enjoy our programs, parks, and facilities. If you or someone

you know requires accommodations or assistance to participate in recreational programs, please notify us upon registration and email Sarah Croy at croys@webstergrovesmo.gov, or call (314) 963-5623.

### SOCIAL MEDIA

Follow us on social media and receive updates on program registration, facility closures, and more. #CenterOfClayton













@CenterOfClayton

### YOUTH PROGRAM SCHOLARSHIP

Resident children who are on the Federal Lunch Program guidelines for free or reduced lunch qualify for scholarships to participate in programs. Scholarships are made possible through the Clayton Community Foundation. For additional details, contact Doris at (314) 290-8516.

### **REGISTRATION & PROGRAMS**

### **RESIDENT & CORPORATE STATUS**

Discounted rates are available to residents and corporate residents. Non-residents will pay general admission rates. Residents of Clayton are defined as individuals or families who live or own property within the boundaries of the School District of the Clayton (the District), or attend a school within the District. A corporate resident status is defined as individuals who work within the boundaries of the District.

#### PROOF OF RESIDENT/CORPORATE STATUS

Residents must present a current state ID verifying current address within the School District of Clayton's boundaries, along with an unpaid utility bill or proof they attend a school within the School District of Clayton. Property owners need to present proof of ownership of property within the District in addition to a current state ID.

Corporate employees must present a pay stub no more than 60 days old verifying employment at an address within the boundaries of the District in addition to a current state ID.

#### DEFINITION OF FAMILY

Up to 2 adults who live in the same household and their dependents who are 25 & under that reside at the same household.

#### ADVANTAGE STATUS

To ensure that Clayton residents and employees of businesses located within the City receive the appropriate resident or corporate rates for memberships, programs, and daily fees at all of Clayton's recreation facilities, the Parks and Recreation Department issues an Advantage Card. To receive the card, proof of resident/ corporate status is required. The card may be obtained at the Center of Clayton during normal business hours, or the process may be started online via a form. For more information, call the Welcome Desk at (314) 290-8500 or visit www.claytonmo.gov/ AdvantageStatus.

#### **MEMBERSHIPS**

Memberships are available at various levels providing access to our facilities including the Center of Clayton, Shaw Park Aquatic Center, and Shaw Park Tennis Center. The Platinum Membership encompasses access to all three of these facilities. For more information, see page 8 of this guide.

### RETURNED CHECK FEE

The Center of Clayton will assess a service charge of \$25 for every check and automated withdrawal returned.

#### LATE REGISTRATION

Registration may be accepted after a session begins, provided the enrollment has not reached the maximum. Enrollment is on a first come, first served basis.

#### PROGRAM CANCELLATION POLICY

A class may be canceled if the minimum has not been met prior to five (5) business days before the first meeting. Refunds will be processed as stated below.

#### PHOTO RELEASE

Our staff and the media with staff approval reserve the right to take photographs of you and/or your child participating in classes, events, programs, using our facilities, properties or during any event sponsored by the City of Clayton. Photographs may be used in print and/or electronic publicity without any obligation to provide compensation to those photographed.

Attendance at our programs and events constitutes consent to be photographed. If you do not want to be photographed or for us to use a photo of you and/or your child, please inform the photographer or the staff member coordinating the event before the program begins. A photography release form may be required when participating in certain classes, events, leagues or programs.

#### ACCOUNT CREATION & ONLINE REGISTRATION

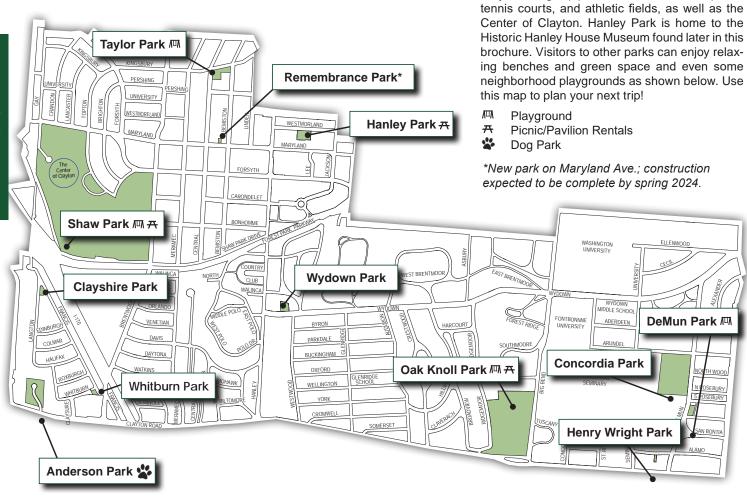
Program registration is available online, in-person, and by calling (314) 290-8500. Online registration is available at www. claytonmo.gov/Programs. Before you can register, you must set up an account with the Department of Parks and Recreation. Your account set-up and the rates you pay are determined by your classification as a resident, corporate resident, general, and/or member. To create an account, please visit the Center of Clayton in person or visit www.claytonmo.gov/Memberships. Once the account is created, you will be able to register for programs online. Our staff will provide you with your initial login information.

### PROGRAM REFUND POLICY

All refund requests must be made in writing; either in person or by mail to the following address: The Center of Clayton, 50 Gay Avenue Clayton, MO 63105.

- Registrations are non-transferable. No refunds or make-ups will be given for missed lessons, classes or practices – except those canceled by the department.
- Refunds of \$10.00 or less will be credited to the customer's Parks and Recreation account for future use.
- · Refunds over \$10.00 will be issued in the form of original payment including credit on account, check or credit to original credit card used. Original payments made in cash will be refunded via check.
- Please allow 2-3 weeks for refund processing.
- A service fee of \$5 per participant, per program will apply to all refunds initiated by the customer.
- Full refunds will be given for:
  - · Classes canceled by the Parks and Recreation Department.

- · Classes that have changed dates or times if a registrant can no longer participate.
- · Registrants who are unable to attend due to illness or injury, when a physician's statement is presented.
- · Partial refunds will be given for:
  - · Programs that have already begun, refund amount would be pro-rated based on the number of classes that have already been held.
- No refunds will be given for:
  - · Withdrawal requests fewer than 5 days before the start of the program if the program would fall below the minimum number of registrants.
- For Youth Sports Leagues, a full refund will be given prior to the first practice, or a 50% refund will be made if the request is less than two weeks before the first game.







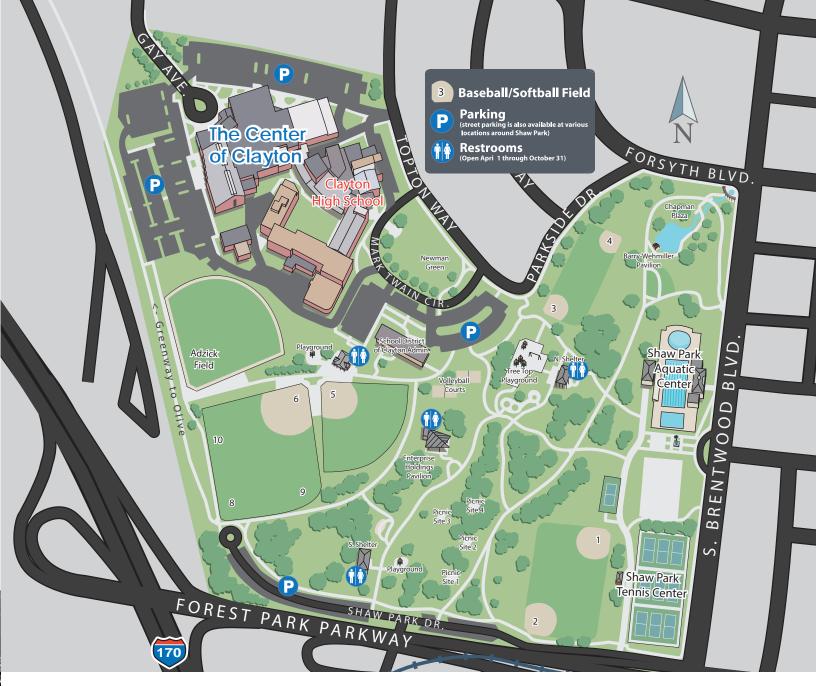


Clayton has 12 parks spread throughout the City. Clayton's flagship park, Shaw Park, boasts pools,









### CHARLES A. SHAW PARK

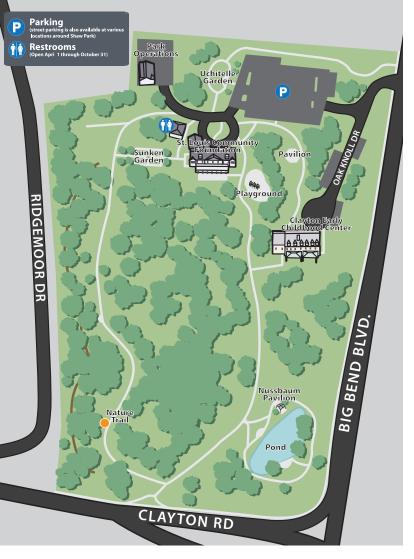
Hours: 6:00 A.M. - 11:00 P.M.

Shaw Park is located along Brentwood Blvd., just north of Forest Park Parkway, near the heart of Clayton's bustling business district. Shaw Park is the City's oldest and largest park at 47.47 acres.











Oak Knoll Park is located at the northwest corner of the intersection of Clayton Road and Big Bend Blvd. Established in 1958, it is Clayton's second largest park with 14.5 acres of tranquil beauty. The park is home to a native stand of 150-year-old Post Oak trees for which it was named.

### HANLEY PARK HOURS: 6:00 A.M. - 10:00 P.M.

Hanley Park is a one acre space encompassing trees, the Hanley Pavilion, and the Historic Hanley House.

Martin Franklin Hanley built the Historic Hanley House in 1855. The farmstead is the oldest structure in the City of Clayton and it is listed on the National Register of Historic Places. The restored home is today a historic house museum filled with original family furnishings, artifacts, and letters that together represent an honest portrayal of 19th century Missouri life. Hanley House is not open to the public at this time.











### **DEMUN PARK** Hours: 6:00 a.m. - 10:00 p.m.

DeMun Park, located at the corner of Southwood and DeMun, in the DeMun Business District is a neighborhood play area. There are 2 play-grounds available, one for children ages 2 to 5 and the other for ages 5 to 12. The winding walk around the central raised garden is a great path for little ones to ride their cycles. Benches provide an area for parents to talk while keeping an eye on their children.



### PARK RENTALS

Residents of Clayton, Corporate Advantage Card Holders, and Clayton businesses may reserve a picnic site up to one year in advance from April 1 through October 31. All areas require a minimum security damage deposit of: Enterprise Holdings Pavilion (\$200); picnic pads and shelters (\$100). For information, visit www.claytonmo.gov/ParkRentals.

#### SHAW PARK



Equipped with a grill, tables, restroom facilities, and electricity.

Seating capacity: 120

FEES \$425 Resident

> \$525 Corporate \$675 General

NORTH/SOUTH SHELTER

Equipped with a grill, tables, restroom facilities, and electricity.

Seating capacity: 60

FEES \$80 Resident

\$70 General \$105 Corporate \$130 General

**PICNIC SITE 1** 

Equipped with a grill, fire pit, and picnic tables.

Seating capacity: 36

FEES \$50 Resident \$60 Corporate



Equipped with a grill and picnic tables.

Seating capacity: 36

FEES \$30 Resident \$40 Corporate \$50 General

### SHAW PARK, continued



The Barry-Wehmiller Pavilion is equipped with picnic tables and electricity. (Fri-Sun ONLY)

Seating capacity: 36

**FEES** \$160 Resident \$210 Corporate \$260 General

### **HANLEY PARK**



The Hanley Park Pavilion is equipped with picnic tables, restroom, and electricity.

Seating capacity: 24

FEES \$50 Resident \$60 Corporate \$70 General

### OAK KNOLL PARK



The covered pavilion is equipped with picnic tables, and is located near the playground.

Seating capacity: 48

FEES \$80 Resident

\$105 Corporate \$130 General

SUNKEN GARDEN

Located on the west side of the Oak Knoll Park building and is a perfect site for small ceremonies.

Seating capacity: 50

**FEES** \$150 Resident \$200 Corporate

\$250 General



The Nussbaum Pavilion is located near the pond at Oak Knoll Park. The pavilion is equipped with a stationary table and benches.

Seating capacity: 10

\$160 Resident FEES \$210 Corporate \$260 General

### **CLAYTON DOG PARK**

Dog Park memberships may be purchased at the Center of Clayton (50 Gay Avenue). The membership application form and liability waivers are available online. Please bring both of these completed forms, along with the required documents listed on the application, with you to the Center of Clayton to purchase your appropriate membership and receive a key fob and dog tag. See fees listed below. For more information, visit www.claytonmo.gov/DogPark.

### Annual Membership (10/1/2023-9/30/2024)

	Corporate	Non- Resident	Resident
One Dog	\$100	\$120	\$80
Two Dogs	\$175	\$210	\$140
Three Dogs	\$250	\$300	\$200



### **CENTER OF CLAYTON** Memberships



50 Gay Ave., Clayton, MO 63105 • www.centerofclayton.com • (314) 290-8500

### Membership Amenities

Members have access to fitness equipment, pools, the track, gymnasiums, and locker room facilities.

Additionally, members receive a discount on most classes and programs offered within the Center. If you purchase a Platinum Membership, you also gain access to the Shaw Park Aquatic Center and Tennis Center.

#### Hours

Monday - Friday 5:15 a.m. - 9:00 p.m. Saturday - Sunday 7:00 a.m. - 5:00 p.m.

### **Holiday Hours**

Sunday, Dec. 24 (Christmas Eve) Close at 3:00 p.m. Monday, Dec. 25 (Christmas Day) Closed Sunday, Dec. 31 (New Year's Eve) Close at 3:00 p.m. Monday, Jan. 1 (New Year's Day) 12:00 p.m.-5:00 p.m.

### Membership Rates

Monthly Membership (EFT or Credit Card) - A \$25 start up fee is applied to all new memberships using the monthly option. Termination requests must be received in writing at least 5 days before the member's draft date.

	Resident	Corporate	General
Youth (3-17)	\$31	\$36	\$39
Adult	\$46	\$54	\$64
Senior (65+)	\$37	\$43	\$46
Family ` ´	\$77	\$88	\$108

Daily Admission - This is for one-time use only and does not include any classes or special pay activities. No refunds on daily admission. Clayton Advantage Status must be presented for Resident or Corporate rates.

	Resident	Corporate	General
Youth (3-17)	\$10	\$11	\$12
Adult	\$13	\$15	\$16
Senior (65+)	\$11	\$12	\$13

Annual Membership - Pay up-front for 12 months of membership and save approximately 5% compared to monthly membership. Annual memberships are non-refundable.

	Resident	Corporate	General
Youth (3-17)	\$346	\$408	\$447
Adult	\$525	\$609	\$727
Senior (65+)	\$419	\$486	\$520
Family ` ´	\$884	\$1007	\$1231

Platinum Membership - Enjoy membership to all Clayton Parks and Recreation facilities including the Center of Clayton, as well as Shaw Park's Aquatic Center and Tennis Center. Platinum memberships are sold only as annual passes

are sold only as annual passes.			
	Resident	Corporate	General
Youth (3-17)	\$436	\$514	\$609
Adult	\$643	\$755	\$940
Senior (65+)	\$503	\$604	\$693
Family ` ´	\$1057	\$1220	\$1634

#### **Center Admission Procedures**

For the safety and security of our members and guests, the Center has implemented a new admission procedure for all daily pass users and members ages 16 years and older.

#### **Daily Admission**

Daily pass users must complete a one-time registration process in which they present a government-issued photo ID to Welcome Desk staff, have their photo taken, and receive their Guest Access Card for future Center visits.

#### **Center Members**

All Center members must have their photo on file for facility access.



Scan for more details.

### CENTER OF CLAYTON

### Schedules

### KID CENTER (8 WEEKS - 8 YEARS)

The Kid Center provides quality nursery service for your children while you exercise or take programs at the Center of Clayton. Social interaction is encouraged through activities and free play. Parents MUST remain in the building while children are in the Kid Center.

#### **Kid Center Hours**

Monday - Friday 8:00 a.m. - 11:00 a.m. Saturday 8:00 a.m. - 11:00 a.m.

Reservations - Reservations are required (2 hour maximum) and can be made at the Welcome Desk or (314) 290-8500. If there are no reservations, the Kid Center will close 1 hour earlier than scheduled.

Fees - Kid Center is included with family memberships. Admission for children not covered under a family membership is \$10 per child per hour (1 hour minimum, 2 hour maximum).

Punch Cards - Punch cards are available at 10 hours for \$90. Each punch is good for one hour of child care per child in the Kid Center.





### **YOUTH ACTIVITY CENTER (6 - 13 YEARS)**

The Youth Activity Center (YAC) provides children with a safe and exciting place to be physically active while parents enjoy the Center. Children must be checked in and out by a parent or guardian. The YAC is designed for the independent play of children, but parents are welcome to watch from the lobby. If there are no participants, the YAC will close 30 minutes early.

#### Open Play Hours

Wednesday 4:00 p.m. - 8:00 p.m.

### **Center of Clayton Age Restrictions**

Children ages 8 and under can participate in programs led by an instructor without a parent present in the program space or play in the Kid Center while their parent uses the facility. Children within this age category must be supervised by a parent or responsible individual age 15 and older to utilize any area of the facility.\*

Children ages 9 - 11 can swim in the Leisure Pool, use the Youth Activity Center, use the track, swim laps in competition pool and participate in programs led by an instructor without a parent present in the program space. Children in this category must have the supervision of a parent or responsible individual age 15 and older to utilize any other area of the facility.\*

\*Note: Children in the above age categories are not permitted access to the hot tub, free weight room or fitness center.

Children ages 12 - 13 can use the cardiovascular equipment with a parent after successful completion of a fitness orientation; they may also utilize the facility, with the exception of the hot tub, free weight room or fitness center stack weight equipment, without direct supervision.

Ages 14 and up: Full facility access.

ages:	8-0	9-11	12-13	14+
Climbing Wall	S	S	В	F
Gyms	S	S	F	F
Fitness Center	Х	Х	S	F
Track	S	В	F	F
Pools	S	В	F	F
Hot Tub	Х	Х	Х	F
Weight Room	X	Х	X	F
Youth Activity Center	В	В	F	Х

### **Chart Key**

X	Not permitted at this age
S	Permitted with guardian* Supervision
В	Permitted if a guardian* is in the Building
F	Full access

\*Guardians may be any responsible individual age 15+

### CENTER OF CLAYTON

### Schedules



### RECREATIONAL SWIM

Families can enjoy the lazy river, swirling vortex, spray features and water slides. Children ages 8 and under must be directly supervised by a responsible guardian in the water at all times.

#### Hours\*

Tuesday/Thursday/Friday 4:30 p.m. - 7:00 p.m. Saturday/Sunday 12:00 p.m.- 4:45 p.m.

\*Hours subject to change due to staffing and availability.

### **Holiday Hours**

Sunday, December 24 12:00 p.m. - 2:45 p.m. Tuesday, December 26 3:00 p.m. - 7:00 p.m. Thursday, December 28 3:00 p.m. - 7:00 p.m. Friday, December 29 3:00 p.m. - 7:00 p.m. Sunday, December 31 12:00 p.m. - 2:45 p.m.

#### LAP SWIM

Swim in 25-yard lanes in the Competition Pool (81 degrees) or the Leisure Pool (86 degrees). A minimum of two lap lanes are available during all building hours. For current lap lane availability, visit www.centerofclayton.com. Pools close 15 minutes prior to the facility.

#### SPLASH & PLAY

This special time is set aside for children 6 months to 6 years old and their caretakers to discover enjoyment of water in the shallow portion of the Leisure Pool. Caretakers must directly supervise their children.

Monday - Friday & Sunday 10:00 a.m. - 11:30 a.m.

#### WATER WALKING

Water walking is available during designated hours in the Lazy River area of the Leisure Pool. Water walking through the river must be continuous in either direction. Walkers are advised to wear non-skid shoes in the pool for better traction.

Monday	5:15 a.m 5:00 p.m. 7:00 p.m 8:45 p.m.
Wednesday	5:15 a.m 10:25 a.m., 10:45 a.m 5:00 p.m., 7:00 p.m 8:45 p.m.
Tues./Thur./Fri.	5:15 a.m 4:30 p.m. 7:00 p.m 8:45 p.m.
Saturdav	7:00 a.m 9:00 a.m.

#### **OPEN DIVE**

Sunday

At least one diving board is available in the Competition Pool on Saturdays and Sundays from 3:00 p.m. to 4:45 p.m.

7:00 a.m. - 12:00 p.m.

The hot tub (103 degrees) is available throughout the day. Pools close 15 minutes prior to the facility's closure. The hot tub closes at 8:00 p.m. on Tuesdays.

### **OPEN CLIMB**

This time is scheduled for anyone ages 5+ to climb the wall. Center-certified staff will offer belay and limited instruction. Patrons may also belay after passing a safety test. Climbing time may be limited dependent on the total number of guests climbing. Safety equipment is provided.

Monday	4:00 p.m 8:00 p.m.
Wednesday	4:00 p.m 8:00 p.m.
Saturday	10:00 a.m 2:00 p.m.
Sunday	10:00 a.m 2:00 p.m.

#### SPORT COURT OPEN PLAY

The Center has 4 full courts, 2 wood and 2 rubber, to host a variety of activities. Children ages 11 and under must be supervised on the courts at all times.

### BASKETBALL OPEN PLAY

At least one court is available throughout the day for general basketball skills practice for all ages.

### ADULT PICK-UP BASKETBALL

Times are reserved for adults to participate in pick-up basketball on Court #2. Times are subject to change and can be viewed on the Court Schedule.

Saturday - Sunday 7:00 a.m. - 12:00 p.m.\*\*

### **BADMINTON**

Drop-in badminton is available on Court #3 on Tuesday, Thursday, and Friday from 7:00 - 9:00 p.m.\*\*. On Sundays, 11/19-12/31, Court #3 will be available from 1:00-5:00 p.m. Starting 1/6, Court #4 will be available from 7:00 - 9:30 a.m. through 3/10.

#### **PICKLEBALL**

Drop-in Pickleball is available on Court #4 on Fridays from 6:00 p.m. - 9:00 p.m.\*\* Subject to availability.

\*\*Times are subject to change. Current gym schedules can viewed by scanning QR code below.



Scan for current gym schedule.

### **CENTER OF CLAYTON**

### Rentals

#### **MEETING ROOMS**

First floor banquet/meeting rooms have seating for up to 120 tables banquet style or 180 with chairs only. Rooms can be combined into one large space or divided into three separate meeting spaces. WiFi, dry erase board, easel, and drop down screen are available free of charge.

### **GYMNASIUM**

Bring family and friends together for basketball, dodgeball, volleyball, badminton or other games. Wood courts and rubber courts are available to ensure the right fit for your activity.

### **CLIMBING WALL**

(Ages 5 and over) Private groups may rent our 500-square foot climbing wall for a challenging small group activity. Fee includes climbing gear and two of the Center of Clayton's certified belayers. In order to provide enough time for each participant to climb, we recommend a maximum of 10 climbers per hour. Two hour minimum required for private rental.

#### **LEISURE & COMPETITION POOL**

Renting the Leisure Pool or Competition Pool after hours grants exclusive access to that pool. The Competition Pool has lap lanes, diving boards, and water polo goals available for use upon request. All rentals include lifeguard staff.

Contact the Center Welcome Desk for at (314) 290-8500 for rates, availability, and more information.











# Center Fitness Class Schedule The Center of Clayton offers a variety of classes from land fitness, water fitness, and everything in between! Below is our full schedule of class

offerings. Class descriptions can be found on pages 13 & 14. Visit www.centerofclayton.com for details/reservations. No classes 12/24, 12/25, 12/31, 1/1 1/15, & 2/19. Ages 14+

Sessions begin: Dec. 1, Jan. 1, & Feb. 1

Member/Resident Registration begins: 18th of the preceding month Open registration begins: 25th of the preceding month

FITNESS	CLASS SCH	IEDULE	- FRI	EE w/ membership		- Cost w/ reg	gistration
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 a.m.		Indoor Cycling (Margaret)		Indoor Cycling (Leslie)			
8:30 a.m.	Cardio Pump (Reann)	Golden Groove (Joy)	Cardio Pump (Gina)	Golden Groove (Joy)	Cardio Pump	p Zumba (Erika)	
	Indoor Cycling (Leslie)	TRX (Michelle)	Indoor Cycling (Michelle)	TRX (Michelle)	(Gina)		
9:00 a.m.	Shallow & Deep (Jeanne)	Aqua Zumba (Kaila)	Water Aerobics (Jill)	Water Aerobics (Peggy)	Water Tabata (Fran)	Yoga Open Levels (Anya)	Indoor Cycling (Paul)
9:30 a.m.	Essentrics (Peggy)	Zumba	Pump		Pump (Gina)	Cardio Pump	
7.50 d.m.	Pump (Reann)	(Debbie)	(Gina)		Zumba (Debbie)	(Reann)	
10:30 a.m.	Senior Water Exercise (Joan)	Water Works! (Carol)	Senior Water Exercise (Jill)	Water Works! (Carol)	Senior Water Exercise		
	Barre Class (Jenny)	Yoga Basics (Anya)	Chair Yoga (Jenny)	Yoga Basics (Anya)	(Joan)		
11:40 a.m.					Barre Class (Jenny)		
12:30 p.m.			^		Vinyasa Yoga (Jenny)		
5:00 p.m.		)	TRX Bootcamp (Susan)				
5:30 p.m.	Kettlebell Yoga Fusion	TBC (Maria)	Synrgy XL 360 (Liam)		F	MUS	TU
5.30 p.iii.	(Liam)	Indoor Cycling (Leslie)	Yoga Open Levels (Maria)		N	ONTH	ILY _
5:45 p.m.				TBC (Laura)			
6:00 p.m.	River Workout (Kaila)			Indoor Cycling (Paul)			NEW CLASSES!
6:30 p.m.	Zumba (Priscilla)	Gentle Yoga (Liam)			Se	ee class de on pages	scriptions s 13 & 14.

### Class Descriptions

Class sessions now begin at the start of every month. Prices based on a 5 class session. Shorter sessions will be prorated. No classes 12/24, 12/25, 12/31, 1/1, 1/15, & 2/19. Registration is required for all classes and available at www.centerofclayton.com or in person at the Center of Clayton. Ages 14+

### Sessions begin: Dec. 1, Jan. 1, & Feb. 1

Member/Resident Registration begins: 18th of the preceding month Open registration begins: 25th of the preceding month

### Center Group Classes

### General Fitness



### **CARDIO PUMP GFS**

This is your cardio and strength workout all in one. Strength intervals mixed with short burst cardio intervals will build endurance and muscle strength. Each class will include various resistance equipment and formats to keep you challenged.

#### PUMP GFS

Pump is a simple, athletic-based workout that strengthens, tones, and defines every major muscle group in your body with weights and other resistance techniques.

### **TOTAL BODY CONDITIONING (TBC) GFS**

TBC combines various types of cardio and strength training exercises to get you moving and tone you up! An excellent full body workout followed by core training and stretch.

#### GOLDEN GROOVE GFS

Formerly Slimnastics, this low-intensity, low-impact class combines cardio conditioning with strength and flexibility exercises.

### Water Fitness



### WATER WORKS! LEISURE POOL

Give attention to muscles and joints affected by arthritis, MS, osteoporosis, and fibromyalgia in this no/low-impact movement class.

### WATER AEROBICS COMP POOL

A fast-paced, shallow-water aerobic workout designed to increase cardiovascular performance and build endurance.

#### **AQUA ZUMBA** COMP POOL

Dance Party in the water with Latin elements for a full body endurance workout

#### SHALLOW & DEEP WATER COMBO COMP POOL

Aerobic workout with resistance and strengthening exercises.

Cost: Mem FREE | Res \$50 | Gen \$75 Drop-In: Mem FREE | Res \$15 | Gen \$20

#### ESSENTRICS MBS

A dynamic, full body workout suitable for all fitness levels that simultaneously combines stretching and strengthening while engaging all 650 muscles. This class will increase flexibility and mobility for a healthy, toned, and pain-free body.

#### Barre Class GFS

A full body workout that blends small isometric movements, isometric holds, light weights, and high repetition to work the entire body in a low impact, high intensity fun class.

### **ZUMBA®** GFS & MBS

Zumba is an aerobic fitness program featuring fun, rhythmic, easy-to-follow routines performed primarily to Latin dance music, but also incorporates other music genres including pop music.

### **INDOOR CYCLING MBS**

Indoor cycling offers cardiovascular conditioning, endurance building, and lower body strength training. Classes are high energy with a variety of formats including speed work, duration rides, and interval training. Cycling is free for members, but registration is required.

Cost: Mem FREE | Res \$50 | Gen \$75 Drop-In: Mem FREE | Res \$15 | Gen \$20

#### SENIOR WATER EXERCISE LEISURE POOL

Improve overall balance, muscle strength, cardiovascular efficiency, and endurance in this moderately-paced warm water aerobic workout.

### WATER TABATA COMP POOL

Fast-paced, aerobic exercises to spirited music, ending with muscle strengthening, balance, and flexibility training with equipment.

#### RIVER WORKOUT LEISURE POOL

Fast-paced, aerobic exercises to spirited music, ending with muscle strengthening, balance, and flexibility training with equipment.

Cost: Mem \$15 | Res \$50 | Gen \$75

Drop-In: Mem \$8 | Res \$ 15 | Gen \$20

### Fusion Classes



### TRX BOOTCAMP GFS



Total-body workout designed for all levels using various bodyweight exercises and resistance techniques. This bootcamp will use high energy HIIT circuits with toning and strengthening exercises, finishing up with core training and stretching.

KETTLEBELL YOGA FUSION GFS

A full body strength and mobility workout followed by a restorative finish. This workout guides you through a variety of kettlebell and HIIT exercises, followed by strength and recovery poses, and ending with a meditation/savasana.

## Class Descriptions, continued. Class sessions now begin at the start of every month. Prices based on a 5 class session. Shorter sessions will be prorated.

No classes 12/24, 12/25, 12/31, 1/1, 1/15, & 2/19. Register at www.centerofclayton.com or in person at the Center of Clayton. Ages 14+

### Sessions begin: Dec. 1, Jan. 1, & Feb. 1

Member/Resident Registration begins: 18th of the preceding month Open registration begins: 25th of the preceding month

### TRX® & Yoga Classes

Cost: Mem \$25 | Res \$75 | Gen \$100 Drop-In: Mem \$10 | Res \$ 20 | Gen \$25

### TRX® YAC

TRX Suspension Training® is a revolutionary total-body fitness program that uses gravity against the individual's own body weight to simultaneously develop strength, balance, flexibility, and core stability.

### **Yoga Basics** MBS

Appropriate for beginners or those desiring a slower, gentler pace. Classes cover use of breath, simple alignment principles, and instruction on the classic foundational postures.

#### **Yoga Open Levels** *MB*S

Class is for those with previous yoga experience or beginners in good physical condition. Principles of breath and alignment are employed to increase strength, flexibility, and awareness.

### **GENTLE YOGA MBS**

A mindful flow of gentle postures to stretch and strengthen with extended time for meditation, breathwork, and relaxation. Great for beginners and experienced practitioners alike.

#### VINYASA YOGA MBS

Flowing sequence of poses synchronized with breath. Participants will move from one pose to next, incorporating breath, awareness, and alignment principles.

### CHAIR YOGA GFS

A gentle form of yoga that is performed while seated and/or with the aid of a chair. Great for beginners or anyone looking to increase flexibility, strength, and body awareness, as well as improve balance.

### Training

SYNRGY XL 360 GROUP TRAINING FITNESS CENTER Synrgy 360 Group Training is a 50-minute, full-body workout that

combines cardio and strength training to provide maximum results. The small group aspect offers camaraderie while getting expert instruction and coaching from our Certified Personal Trainers! Class has a maximum of 10 participants, so our trainers can focus on each individual's needs, proper technique, and encouragement.

> Cost: Mem \$40 | Res \$100 | Gen \$125 Drop-In: Mem \$15 | Res \$ 25 | Gen \$30











**Gym Etiquette** The Dos and Don'ts of What to Do at the Gym Scan OR Code for information





### Personal Training

### FITSTART STARTER PACK

This 3-session starter package includes fitness assessment and two training sessions. Offered only to new personal training customers. One package per client. Member/Non-Member: \$175

### INDIVIDUAL PACKAGES

Packages offer you savings on the number of sessions that fit your schedule: Health and Exercise History consultation and Fitness Assessment can be included in all packages!

	5 Sessions	10 Sessions	20 Sessions
Member	\$350	\$650	\$1,200
Non-Member	\$375	\$700	\$1,300



### TRAINING-FOR-TWO

Training-for-Two saves you 25% off normal package price. Partners can train together for 1, 5, or 10 sessions. Prices are per participant. Prior to starting Training-For-Two packages, each participant must go through an initial hour-long, one-on-one consultation and assessment with their trainer, which can be purchased at our 1-session rate of \$75 for members and \$80 for non-members. After the assessment, the following packages can be purchased.

5 Sessions 10 Sessions 20 Sessions \$250 \$450 \$860 \$960 Non-Mem \$275 \$500

\*Prices are per participant.

### **TEAM TRAINING**

Team Training provides 3-6 partners a deep discount on personal training! Prices are per participant. Prior to starting Team Training, each participant must go through an initial hour-long, one-on-one consultation and assessment with their trainer, which can be purchased at our 1-session rate of \$75 for members and \$80 for non-members. After the assessment, sessions can be purchased.

5 Sessions 10 Sessions 20 Sessions Mem \$170 \$320 \$600

Non-Mem \$200 \$380 \$720

\*Prices are per participant.



#### SHARK FITNESS BOOT CAMP

No Nonsense. No Excuses. Just Results! That sums up the approach taken in class for the last 20+ years. Despite the group setting, this class challenges participants individually and provides an environment that allows each person to give their best and expect significant results. Classes consist of resistance training, calisthenics, short runs, and drills designed to work every muscle in 60 minutes. Participants in boot camp are from every walk of life and fitness level, but have one thing in common - they get results. Bring a water bottle and a good work ethic.

Location: Shaw Park

**Option:** Tue & Thu 6:00 a.m. - 7:00 a.m. Cost: Dec. Mem \$104 | Res & Gen \$112

Jan. Mem \$117 | Res & Gen \$126 Feb. Mem \$117 | Res & Gen \$126

Jan. and Feb. sessions will occur in the Center of Clayton.

### **Meet Our Team**

### Leslie

Mem

### Certified Fitness Instructor



I have been a cycle instructor for 15 years. I have attended the WSSC (World Spinning and Sports Convention) for ten years in Miami, FL to further my fitness education and present my students with top tier fitness instruction. Cycling instruction and fitness is my passion!

Classes **Indoor Cycling** Hoop Fit

#### Motivation

"What you do makes a difference and you have to decide what kind of difference you want to make." - Jane Goodall



Scan to learn more

about our team!

Winter Break Camps are the perfect way to entertain and enrich your child during the week away from school. Camp takes place during the School District of Clayton winter break week of December 26 through December 29. Registration is available at the Center of Clayton or online at www.claytonmo.gov/camps. Parents will be asked to fill out the Emergency Contact form prior to registration.

### CHECK-IN (9:00 A.M. OR 12:00 P.M.)

Upon arrival to camp, please escort your child to the designated camp check-in location. Camp staff will officially check your child in and will then be responsible for his/her supervision.

### PAUL ZARKY SOCCER CAMP



Paul Zarky is the Executive Director for the Gateway City FC Soccer Club, a former professional soccer player, and collegiate All-American. Campers practice general soccer drills including dribbling, passing, shooting, and defensive posturing and attacking drills.

**Ages:** 5-13

Location: Center of Clayton Mon.-Fri. 9:00 a.m. - 12:00 p.m.

Cost: Mem & Res \$112 | Gen \$128

### CHESS WIZARDS CAMP





Chess Wizards has been teaching the game of chess since 2002. Join us for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle your brain! Each camper receives a t-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate.

**Ages:** 6-12

Location: Center of Clayton Tues.-Fri. 9:00 a.m. - 12:00 p.m. Tues.-Fri. 12:00 p.m. - 3:00 p.m.

Half Day Cost: Mem & Res \$225 | Gen \$255

### Paul Zarky High on Sports Camp



Paul Zarky has established several after school programs in St. Louis. Our campers will craft a daily schedule with games that may include basketball, softball, kickball, soccer, climbing wall, capture the flag, and many other healthy exercise options, as well as Paul's special stories and jokes!

Ages: 5-13

Location: Center of Clayton Tues.-Fri. 1:00 p.m. - 4:00 p.m.

Cost: Mem & Res \$112 | Gen \$128

### SEAL TEAM: JUNIOR SCUBA CAMP



This camp uses the PADI Seal Team course curriculum and encourages participants to try SCUBA in a pool under the close supervision of certified professional dive instructors. All equipment is included, as well as a DVD of photos taken during the camp. Presented by Y-Kiki Divers.

Prerequisites: Completion of Level 2 or equivalent swim course; see registration for more details.

PLEASE NOTE: Immediately after registration, contact Y-Kiki Divers at (314) 469-8722 for medical forms.

**Ages:** 8-14

Location: Center of Clayton Tues.-Fri. 12:00 p.m. - 3:00 p.m.

Cost: Mem & Res \$196 | Gen \$220



The last 30 minutes of morning camp will be available for kids who also participate in afternoon camp to eat lunch. Once lunch time is over, staff will direct kids to their next camp session. Kids must bring their own lunch.

### CHECK-OUT (12:00 P.M. OR 3:00 P.M.)

Camp staff will require each parent/guardian to initial next to their child's name. Only when children have been checked out will they be officially released back to their parent/guardian.

# Senter CLAYTON Camp March 18-22

Spring Break Camps are the perfect way to entertain and enrich your child during the week away from school. Camps take place during the School District of Clayton spring break week of March 18 through March 22. Registration is available at the Center of Clayton or online at www.claytonmo.gov/camps. Parents will be asked to fill out the Emergency Contact Form prior to registration.

### CHECK-IN (9:00 A.M. OR 1:00 P.M.)

Upon arrival to camp, please escort your child to the designated camp check-in location. Camp staff will officially check your child in and will then be responsible for his/her supervision.

### SEAL TEAM: JUNIOR SCUBA CAMP



The structured, non-competitive, and activity-filled environment lets participants develop swimming skills, explore the underwater world, and learn about the use and care of real SCUBA gear as they complete five Agua Missions. Presented by Y-Kiki Divers.

Prerequisites: Completion of Level 2 or equivalent swim course; completed and signed (by parent or quardian) PADI Seal Team Statement; and medical history form (and, if required, medical approval from a licensed physician) prior to water activities.

PLEASE NOTE: Immediately after registration, contact Y-Kiki Divers at (314) 469-8722 for medical forms.

**Ages:** 8-14

Location: Center of Clayton Mon.-Fri. 9:00 a.m. - 12:00 p.m.

Cost: Mem & Res \$245 | Gen \$275

### SPORTS MEDICINE CAMP



Keep your favorite player in the game! Top athletes need expert care from a whole team of people including physical therapists, orthopedic surgeons, trainers, nutritionists, and more. Participants learn about cramping, Athlete's Foot, why we sweat, common sport injuries and how to treat them, hydration, stretching, concussions, and Tommy John surgery as we explore different careers in sports medicine.

Grades: K-5

Location: Center of Clayton Mon.-Fri. 9:00 a.m. - 12:00 p.m. Cost: Mem & Res \$230 | Gen \$260

### PAUL ZARKY SOCCER CAMP



Paul Zarky is the Executive Director for the Gateway City FC Soccer Club, a former professional soccer player, and collegiate All-American. Campers practice general soccer drills including dribbling, passing, shooting, and defensive posturing and attacking drills.

**Ages:** 5-13

Location: Shaw Park - Soccer Field #6 Mon.-Fri. 9:00 a.m. - 12:00 p.m.

Cost: Mem & Res \$140 | Gen \$160

### PAUL ZARKY GET HIGH ON SPORTS CAMP



Our campers will craft a daily schedule with games that may include basketball, softball, kickball, soccer, climbing wall, capture the flag, and many other healthy exercise options, as well as Paul's special stories and jokes!

**Ages:** 5-13

Location: Center of Clayton Mon.-Fri. 1:00 p.m. - 4:00 p.m.

Cost: Mem & Res \$140 | Gen \$160

### AQUATIC CAMP



Participants will improve technique, endurance, and safety awareness. Each day includes a swim lesson, game, safety activity, and supervised play time.

**Ages:** 6-13

Location: Center of Clayton Mon.-Fri. 1:00 p.m. - 4:00 p.m.

Cost: Mem & Res \$160 | Gen \$200

### FENCING CAMP



Fencing is a sport that develops athleticism, critical thinking, sportsmanship, and competitiveness, while providing kids with a dynamic and creative outlet for their energy.

**Ages:** 7-15

Location: Center of Clayton Mon.-Fri. 1:00 p.m. - 4:00 p.m.

Cost: Mem & Res \$190 | Gen \$210

### Lunch Bunch (12:00-1:00 p.m.)

Register your camper(s) for a Lunch Bunch Weekly Plan! At \$55 per child, per week, campers can choose either the "Regular Option" or "Veggie Option" (menu listed online). Register for Lunch Bunch Weekly Plan while signing your child(ren) up for

camp at www.claytonmo.gov/camps.

Scan QR code and click the "General Information" tab.





### CHECK-OUT (12:00 P.M. OR 4:00 P.M.)

Camp staff will require each parent/guardian to initial next to their child's name. Only when children have been checked out will they be officially released back to their parent/guardian.

### **Swim Lesson Options**

Group swim lesson sessions now begin at the start of every other month. Fees are based on an 8 week session.

### Sessions begin: December 2 & 6, February 3, 5 & 7

Member/Resident Registration begins: 18th of the preceding month Open registration begins: 25th of the preceding month

Register at www.centerofclayton.com or in person at the Center of Clayton.

Member \$72 | Resident \$88 | General Admission \$104



### **Location: Center of Clayton Leisure Pool**

### PARENT/CHILD SWIM LESSONS

Mondays, 5:00 p.m. - 5:30 p.m. (Feb. ONLY) Wednesdays, 5:45 p.m. - 6:15 a.m. Saturdays, 10:15 a.m. - 10:45 a.m.

### **BEGINNER PRESCHOOL**

Mondays. 5:00 p.m. - 5:30 p.m. (Feb. ONLY) Wednesdays, 5:45 p.m. - 6:15 p.m. Saturdays, 10:15 a.m. - 10:45 a.m.

### INTERMEDIATE PRESCHOOL

Mondays. 5:45 p.m. - 6:15 p.m. (Feb. ONLY) Wednesdays, 6:15 p.m. - 6:45 p.m. Saturdays, 9:00 a.m. - 9:30 a.m.

#### **ADVANCED PRESCHOOL**

Mondays, 6:30 p.m. - 7:00 p.m. (Feb. ONLY) Wednesdays, 5:00 p.m. - 5:30 p.m. Saturdays, 9:00 a.m. - 9:30 a.m.

#### LEVEL 1

Mondays, 7:00 p.m. - 7:40 p.m. (Feb. ONLY) Wednesdays, 5:00 p.m. - 5:40 p.m. Saturdays, 9:30 a.m. - 10:10 a.m.

#### LEVEL 2

Mondays, 5:45 p.m. - 6:25 p.m. (Feb. ONLY) Wednesdays, 5:00 p.m. - 5:40 p.m. Wednesdays, 6:15 p.m. - 6:55 p.m. Saturdays, 9:30 a.m. - 10:10 a.m.

### **Location: Center of Clayton Competition Pool**

#### LEVEL 3

Wednesdays, 7:00 p.m. - 7:40 p.m. Saturdays, 10:50 a.m. - 11:30 a.m.

#### LEVEL 4

Wednesdays, 7:00 p.m. - 7:40 p.m. Saturdays, 10:50 a.m. - 11:30 a.m.

#### LEVEL 5

Wednesdays, 6:15 p.m. - 6:55 p.m.

### **Specialty Swim Lessons**

#### PRIVATE AQUATIC LESSONS

(Ages 3+) The City of Clayton offers private and semi-private instruction in swimming. Clients will be contacted within one week of registration to arrange lessons. If you are interested in scheduling private swim lessons, please email <a href="mailto:privateswimlessons@claytonmo.gov">privateswimlessons@claytonmo.gov</a>.

PRIVATE SWIM LESSONS  Private swim lessons feature one-on-one instruction. Each session is 30 minutes.	Member Resident General	Four 30-Min \$112 \$132 \$152	<b>Eight 30-Min</b> \$216 \$256 \$296	<b>Twelve 30-Min</b> \$312 \$372 \$432
SEMI-PRIVATE SWIM LESSONS Semi-private swim lessons feature two-on-one instruction and is priced per student. Participants should share similar skill levels to ensure effective lessons.	Member Resident General	Four 30-Min \$76 \$92 \$108	<b>Eight 30-Min</b> \$144 \$176 \$208	Twelve 30-Min \$204 \$252 \$300

#### **ADAPTED SWIM LESSONS**

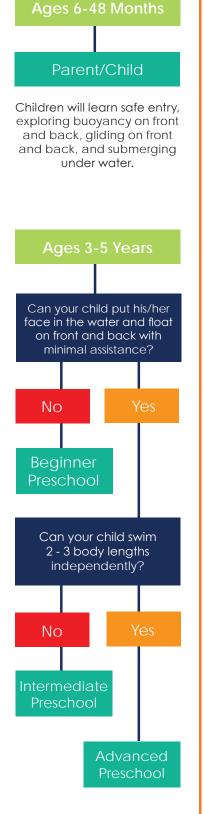
(Ages: 3+) The Adapted Swim Lesson program features one-on-one instruction for individuals with a diagnosed disability. Swim lessons are modified to meet participants' abilities and goals for independent swimming and safety. The Adapted Swim Lesson program is offered at a discounted rate thanks to a Scholarship Fund through the Clayton Community Foundation.

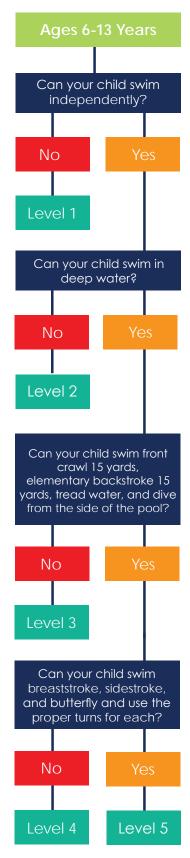
Participants must complete a Recreation Assessment and provide documentation prior to scheduling lessons. Please contact Sarah Croy at **croys@webstergrovesmo.gov** to schedule a Recreation Assessment. An updated Recreation Assessment is required annually.

Visit www.centerofclayton.com for current availability, package options, prices, and request form.

### **Swim Lesson Selection Chart**

Choosing the right swim lesson is the first step in your child's aquatic education. It is important to select lessons that provide equal amounts of new challenges and old favorites to foster confidence, skill progression, endurance, and safe water practices. This chart outlines the critical prerequisite skills that determine class placement. Please use it to help identify the swim class (in aqua) that most appropriately matches your child's skill level starting at age (in light green).





# When Should My Child Learn to Swim?

Children develop at different rates, and not all are ready to begin swim lessons at exactly the same age. When making your decision, keep your child's emotional maturity, physical and developmental abilities and limitations, and comfort level in the water in mind.

Recent studies suggest that water survival skills training and swim lessons can help reduce drowning risk for children between ages 1-4. Classes that include both parents and their children also are a good way to introduce good water safety habits and start building swim readiness skills. If your child seems ready, it's a good idea to start lessons now.

Source: American Academy of Pediatrics



Scan QR code to learn more.







### **Group Dive Lessons**

Spring into the water with diving lessons! Learn the fundamentals of springboard diving, beginning with simple body movements, forward and backwards entries, and board work. Instructors will introduce new students to basic dives from the one-meter springboard and provide individualized instruction for more experienced divers.

### Session begins December 3 & February 4

Age Dav

Sundays 2:30 p.m. - 3:30 p.m.

Mem \$80 | Res \$96 | Gen \$112

### **Recreation Swim** Clinic (Feb.)

Recreational Swim Clinic offers both instruction and fun competition. Participants will focus on the four competitive strokes, racing starts, and conditioning. Each participant should bring his/ her own goggles and cap.

#### **Session begins February 5**

Day **Time** Age

8-14 Mondays 6:30 p.m. - 7:30 p.m.

Mem \$80 | Res \$96 | Gen \$112



### Discover SCUBA

Want to find out what scuba diving is like? Join a Discover SCUBA Diving experience and try scuba diving for the first time in a pool.

A highly-trained PADI® Professional from Y-kiki Divers will provide all the scuba gear, explain basic scuba diving skills and answer any questions you may have.

PLEASE NOTE: Immediately after registration, contact Y-kiki Divers at (314) 469-8722 for medical forms. Discover Scuba liability form and medical questionnaire are due one week prior to the program start date.

#### Session begins Dec. 15, Jan. 19, & Feb. 16

Age Day **Time** 

10+ Fridays 6:00 p.m. - 8:00 p.m.

Mem \$60 | Res \$65 | Gen \$70



### **Specialty Aquatic Groups**

The following organizations operate in the City of Clayton and offer instruction and training in specialty areas. Please contact them directly for more information.

Infant Swim Source (ISR)	(314) 764-7706
CSP Tideriders Swim Team	(314) 727-7946
Clayton Diving Alliance	(314) 308-5525
Strike Zone Water Polo (youth)	(515) 371-3146
Clayton Water Polo (adult)	(314) 727-1177
Y-Kiki Divers	(314) 469-8722
Midwest Pool Management	(314) 432-1313



### **Enrichment**

### KIDS' CLIMB

This is a fun and exciting rock climbing class for KIDS! Our experienced climbing staff will teach kids the basics of climbing in an enthusiastic and encouraging environment. No experience is necessary. (Min/Max 2/8)

**Ages:** 5-13

Location: Climbing Wall

Day	Dates	Time
Saturday	Jan. 13-27	2:00 p.m 3:00 p.m.
Saturday	Feb. 10-24	2:00 p.m 3:00 p.m.
Saturday	Mar. 9-23	2:00 p.m 3:00 p.m.

Cost: Mem \$40 | Res \$45 | Gen \$55

### **KIDS' NIGHT OUT**

Sign your kids up for a night filled with fun! During this awesome event, Recreation Academy Staff will lead a different activity every hour. This is the perfect opportunity for parents to have their own date night or relaxing evening. Some activities include kickball, dodgeball, gaga ball, 9-square in the air, capture the flag, foam tipped archery, and more!

GLOW Night (Dec. 15) will include black lights, an inflatable gaga ball pit, glow items for everyone, and fun music!

**Ages:** 7-12

Location: Center of Clayton

Day	Dates	Time
Friday	Dec. 15	6:00 p.m 9:00 p.m. (GLOW Night)
Friday	Jan. 19	6:00 p.m 9:00 p.m.
Friday	Feb. 16	6:00 p.m 9:00 p.m.

Cost: Dec Mem & Res \$50 | Gen \$55 Jan & Feb Mem & Res \$43 | Gen \$48

#### YOUTH KARATE SHORIN-RYU

This class builds self-confidence, balance, pride, strength, and security with instruction by Sensei David Cloud, 7<sup>th</sup> Degree Black Belt. Uniforms are required and will be available after the first class at an additional charge from the instructor. (Min/Max 6/12)

Ages: 5-13

**Location:** Youth Activity Center **Instructor:** Sensei David Cloud

Sessions Begin Dec. 7 (8 weeks) & Feb. 1 (9 weeks)

Thu. 6:00 p.m. - 7:00 p.m.

Cost: Mem \$88 | Res \$93 | Gen \$97 (based on 9 weeks)



#### PRIVATE CLIMBING LESSONS

If you have a small group of people (ages 5+) and want specific lessons for your group, please contact David Willey at **dwilley@claytonmo.gov** or (314) 290-8508. Our instructors will tailor a lesson to meet your needs and will also schedule based on your availability. The cost for your lesson will be based on group size and lesson length.







### **Adult Sports Leagues**

For more information about Clayton Parks and Recreation adult sports leagues, visit www.claytonmo.gov/adultsports.

### Registration Open January 1, 2024 for returning teams!

### MEN'S DOUBLE HEADER SOFTBALL LEAGUES

Each team will play an 8-night, 16-game season with an end of the season single-elimination tournament. USSSA Standards. Team registrations only.

**Ages:** 18+

Location: Shaw Park

Day	Games Begin	Time
Monday	April 15, 2024	6:00 p.m10:00 p.m.
Wednesday	April 17, 2024	6:00 p.m10:00 p.m.
Friday	April 19, 2024	6:00 p.m10:00 p.m.
Sunday	April 21, 2024	6:00 p.m10:00 p.m.

Registration Deadline: April 3, 2024 Cost: Resident Team \$675 | General \$775

### COED SINGLE HEADER SOFTBALL LEAGUE

Each team will play an 8-game season with an end of the season single-elimination tournament. USSSA Standards. Team registrations only.

Ages: 18+

Location: Shaw Park

 Day
 Games Begin
 Time

 Monday
 April 15, 2023
 6:00 p.m.-10:00 p.m.

 Wednesday
 April 17, 2023
 6:00 p.m.-10:00 p.m.

 Sunday
 April 21, 2023
 6:00 p.m.-10:00 p.m.

Registration Deadline: April 3, 2024 Cost: Resident Team \$475 | General \$525

### **WOMEN'S MICRO SOCCER LEAGUE**

Enjoy a 10-game season with playoffs for the top four teams. Teams play 6v6 plus goalie. Games will be played on a field and with goals at similar dimensions to indoor soccer. Team registrations only.

**Ages:** 18+

Location: Gay Field

Day Games Begin Time

Sunday April 14, 2024 8:00 a.m.-2:00 p.m.

Registration Deadline: April 3, 2024 Cost: Resident Team \$400 | General \$450



### Ruth Park Golf Course

Clayton residents and Center of Clayton members receive resident rates at the Ruth Park Golf Course, located one mile north of Delmar Blvd. The course features beautiful fairways, lush greens, and a driving range with 25 hitting stations overlooking rolling terrain.

To receive resident rates, bring your Clayton Parks and Recreation card to Centennial Commons (7210 Olive Blvd.) and request a Clayton golf resident ID card. The cost of the ID card is \$5.00 annually. For more information about Ruth Park Golf Course, visit (314) 727-4800 or www.ruthparkgolf.com.



### **Youth Sports Leagues**

Clayton Parks and Recreation youth sports leagues are recreational and emphasize fun, team play, cooperation, and good sportsmanship. Residents register individually and will be contacted with the team assignment after the registration deadline. Practice times will vary per team. Non-residents may only register full teams as outlined below.

### SPRING YOUTH BASEBALL / SOFTBALL

Grades: K - 8 Location: Shaw Park

Reg. Deadline	Practices Begin	Games Begin	Cost
February 16	March 16	April 6	Res: \$130

Game Schedules Released: March 21, 2024 at

www.teamsideline.com/claytonmo

#### Non-Resident Team Registration

Non-residents may participate in Clayton leagues, but must register as an entire team. Uniforms, equipment, and practice time are not provided. Non-resident team registration packets are available online at www.claytonmo.gov/youthsports. Space is extremely limited.

For more information about Clayton Parks and Recreation youth sports leagues, go online to www.claytonmo.gov/youthsports. No refunds or make-ups will be given for missed lessons or classes, except those canceled by the department.

### 2024-2025 SCHOOL YEAR LEAGUES

Clayton Parks and Recreation conducts the youth sports leagues that serve Clayton residents and students of the School District of Clayton. Please make note of each deadline below to ensure your child can participate in all chosen sports.

### SOCCER (FALL)

Grades K-8

Registration Deadline: July 19, 2024

Practices begin: August 2024 Games Begin: September 2024

### VOLLEYBALL (FALL)

Grades 3-8

Registration Deadline: July 19, 2024

Practices begin: August 2024 Games Begin: September 2024

### BASKETBALL (WINTER)

Grades 1-8

Registration Deadline: October 18, 2024

Practices begin: November 2024 Games Begin: January 2025

### BASEBALL/SOFTBALL (SPRING)

**Grades K-8** 

Registration Deadline: February 2025

Practices begin: March 2025 Games Begin: April 2025

### ZARKY'S KINDERGARTEN BASKETBALL CLINIC

This is a six-week program to introduce Kindergartners to the sport of basketball. The program will last one hour each week. The first 30 minutes will be used for instruction drills and the remaining 30 minutes will be game based. Must be currently in Kindergarten.

**Grade:** Kindergarten Location: Center of Clayton Session Begins January 14 Sun. 10:00 a.m. - 11:00 a.m.

Cost: Mem \$80 | Res \$90 | Gen \$100

### BUCKET PRODUCER BASKETBALL CLASS

Grades: 2-5, 6-8

Location: Center of Clayton

Are you ready to take your basketball skills to the next level? With Bucket Producer, you'll get the training and support you need to become a top player. Our experienced trainers will develop your skills, build your confidence, and help you exceed your goals. Get ready to become a Buckethead!

Grades: 2-5

Day	Dates	Time
Wednesday	Dec. 6-20*	7:00 p.m8:00 p.m.
Wednesday	Jan. 10-31	7:00 p.m8:00 p.m.
Wednesday	Feb. 7-28	7:00 p.m8:00 p.m.

Cost: Member & Resident \$110/month | General \$125

Grades: 6-8

Day	Dates	Time
Wednesday	Dec. 6-20*	7:00 p.m8:00 p.m.
Wednesday	Jan. 10-31	7:00 p.m8:00 p.m.
Wednesday	Feb. 7-28	7:00 p.m8:00 p.m.

Cost: Member & Resident \$125/month | General \$140

\*December prorated for 3 classes.



### PRIVATE BASKETBALL TRAINING

Private or semi-private basketball lessons are the perfect option for players looking to catch up or get ahead. Whether you are looking to improve before the season starts or looking to fine tune your game, we have an instructor to fit your needs. Private lesson forms can be found at the Welcome Desk at the Center of Clayton and online at www.claytonmo.gov/youthsports.



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