

Debbie

Certified Instructor

About Me

Debbie is from St. Louis, born and raised. She's been teaching Zumba classes for 14 years. Zumba is something that makes Debbie happy because it's fun, it's a great workout, and it connects people.

Outside of teaching Zumba classes, Debbie enjoys hiking, pickleball, mahjong and bingo. She also enjoys dancing outside of her classes - her and her husband go to the Ritz most Saturday nights to dance to live music.

One part about dancing that Debbie loves the most is the community it brings. The people she teaches become friends, and they build connections that go far beyond dancing - she's even still in touch with ladies she danced with before the pandemic!

Fun Fact

She loves Latin Music!

Motivation

Keep on moving and never give up.



Classes

Zumba

Tuesday at 9:30 a.m. (MBS)

Friday at 9:30 a.m. (MBS)