

# SWIM LESSON SELECTION CHART

Choosing the right swim lesson is the first step in your child's aquatic education. It is important to select lessons that provide equal amounts of new challenges and old favorites to foster confidence, skill progression, endurance, and safe water practices. This chart outlines the critical prerequisite skills that determine class placement. Please use it to help identify the swim class (*in aqua*) that most appropriately matches your child's skill level starting at age (*in light green*).

