

Lap Lane Availability

August 5 - November 4

UPDATED
10/1/2024

COMPETITION POOL	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	8 Lanes 5:15AM - 8:55AM	8 Lanes 5:15AM - 8:55AM	8 Lanes 5:15AM - 8:55AM	8 Lanes 5:15AM - 8:55AM	8 Lanes 5:15AM - 8:55AM	8 Lanes 5:15AM - 8:55AM		
	4 Lanes 8:55AM - 10:05AM Lanes 1-4 Closed	4 Lanes 8:55AM - 10:05AM Lanes 1-4 Closed	4 Lanes 8:55AM - 10:05AM Lanes 1-4 Closed	4 Lanes 8:55AM - 10:05AM Lanes 1-4 Closed	4 Lanes 8:55AM - 10:05AM Lanes 1-4 Closed	8 Lanes 7:00AM - 9:00AM	8 Lanes 7:00AM - 9:00AM	
	*6 Lanes 10:05AM - 1:00PM *7-8 to close if needed	*6 Lanes 10:05AM - 3:10PM *7-8 to close if needed	*6 Lanes 10:05AM - 1:00PM *7-8 to close if needed	*6 Lanes 10:05AM - 3:10PM *7-8 to close if needed	*6 Lanes 10:05AM - 3:10PM *7-8 to close if needed	6 Lanes 9:00AM - 10:30AM Lanes 7-8 Closed	6 Lanes 9:00AM - 12:00PM Lanes 1 & 8 Closed	
	5 Lanes 1:00PM - 3:00PM		5 Lanes 1:00PM - 3:00PM			4 Lanes 10:30AM - 11:30AM Lanes 1-2 & 7-8 Closed		
	POOL CLOSED 3:10 - 5:30 PM * Clayton High School Athletics *						4 Lanes 11:30AM - 4:45PM Lanes 3-6 Closed	4 Lanes 12:00PM - 4:45PM Lanes 3-6 Closed
	6 Lanes 5:30PM - 7:45PM Lanes 7-8 Closed	6 Lanes 5:30PM - 6:45PM Lanes 7-8 Closed	6 Lanes 5:30PM - 7:00PM Lanes 7-8 Closed	6 Lanes 5:30PM - 6:45PM Lanes 7-8 Closed		LANE AVAILABILITY IS SUBJECT TO CHANGE For questions regarding this schedule please contact the Aquatic Office at (314) 290-8520		
		2 Lanes 6:45PM - 8:45PM Lanes 3-8 Closed	4 Lanes 7:00PM - 7:45PM Lanes 1-2 & 7-8 Closed	2 Lanes 6:45PM - 8:45PM Lanes 3-8 Closed	5 Lanes 5:30PM - 8:45PM Lanes 7-8 Closed			
	2 Lanes 7:45PM - 8:45PM Lanes 3-8 Closed		2 Lanes 7:45PM - 8:45PM Lanes 3-8 Closed					
	** Competition Pool Changes in Schedule ** Dates are subject to change based on Clayton High School Athletics Schedule.							
8/19-23 COMPETITION POOL CLOSURE				9/26	Home Swim Meet	3:10pm - 6:00pm		
9/3	Home Swim Meet	3:10pm - 6:00pm		10/8	Home Swim Meet	3:10pm - 6:00pm		
9/5	Home Swim Meet	3:10pm - 6:00pm		10/24	Home Swim Meet	3:10pm - 6:00pm		
9/12	Home Swim Meet	3:10pm - 6:00pm						
9/19	Home Swim Meet	3:10pm - 6:00pm						
*Away meets on 9/14, 9/17, 9/28, 9/30, 10/1, 10/10, & 10/17 can change to home meets or students may still have practice during a meet. Verification of open lanes is not available until the time of the game or practice.								

LEISURE POOL	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	2 Lanes 5:15 - 10:55AM	2 Lanes 5:15 - 10:25AM	2 Lanes 5:15 - 10:45AM	2 Lanes 5:15 - 10:25AM	2 Lanes 5:15 - 10:55AM		
	0 Lanes 10:55 - 12:05AM	0 Lanes 10:25 - 11:35AM	0 Lanes 10:45 - 11:35AM	0 Lanes 10:25 - 11:35AM	0 Lanes 10:55 - 12:05AM	2 Lanes 7:00AM - 10:30AM	2 Lanes 7:00AM - 9:00AM
	2 Lanes 12:05 - 5:30PM	2 Lanes 11:35AM - 5:30PM	2 Lanes 11:35AM - 5:00PM	2 Lanes 11:35AM - 5:30PM	2 Lanes 12:05PM - 5:30PM	1 Lane 10:30AM - 12:00PM	1 Lane 9:00AM - 12:00PM
	1 Lane 5:30 - 7:00PM	1 Lane 5:30 - 7:00PM	1 Lane 5:00 - 7:45PM	1 Lane 5:30 - 7:00PM	1 Lane 5:30 - 7:00PM	2 Lane 12:00 - 4:45PM	2 Lane 12:00 - 4:45PM
	2 Lanes 7:00 - 8:45PM	2 Lanes 7:00 - 8:45PM	2 Lanes 7:45 - 8:45PM	2 Lanes 7:00 - 8:45PM	2 Lanes 7:00 - 8:45PM		
** Leisure Pool Changes in Schedule **							
8/26-9/2 LEISURE POOL & SPA CLOSURE				9/2	Labor Day	Center Hours 9am-5pm	

LAP SWIMMING ETIQUETTE

- ◆ Choose a lane based on your swimming ability Slow/Medium/Fast.
- ◆ Notify all swimmers in a lane of your presence before entering the water.
- ◆ Circle swim in order to allow multiple swimmers to use the same lane.
- ◆ Up to six swimmers may use the same lane at one time.
- ◆ If you need to rest in between laps, please do so at the corner of the lane.
- ◆ Water jogging in lanes is only permitted when there are not multiple swimmers present.
- ◆ Please follow the lifeguards direction. We may need to move lanes to accommodate the schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Tub	5:15AM - 8:45PM	5:15AM - 8:00PM	5:15AM - 8:45PM	5:15AM - 8:45PM	5:15AM - 8:45PM	7:00AM - 4:45PM	7:00AM - 4:45PM
Lazy River	Water Walking 5:15AM - 5:00PM	Water Walking 5:15AM - 4:30PM	Water Walking 5:15AM - 10:25AM & 10:45AM - 5:00PM	Water Walking 5:15AM - 4:30PM	Water Walking 5:15AM - 4:30PM	Water Walking 7:00AM - 9:00AM	Water Walking 7:00AM - 12:00PM
Zero Entry Area	Splash & Play 10:00AM-11:30AM *ages 6mo-6yrs with a guardian in the water	Splash & Play 10:00AM-11:30AM *ages 6mo-6yrs with a guardian in the water	Splash & Play 10:00AM-11:30AM *ages 6mo-6yrs with a guardian in the water	Splash & Play 10:00AM-11:30AM *ages 6mo-6yrs with a guardian in the water	Splash & Play 10:00AM-11:30AM *ages 6mo-6yrs with a guardian in the water	Splash & Play Not Available	Splash & Play 10:00AM-11:30AM *ages 6mo-6yrs with a guardian in the water
Leisure Pool	Recreational Swimming Not Available	Recreational Swimming 4:30PM- 7:00PM	Recreational Swimming Not Available	Recreational Swimming 4:30PM- 7:00PM	Recreational Swimming 4:30PM- 7:00PM	Recreational Swimming 12:00PM - 4:45PM	Recreational Swimming 12:00PM - 4:45PM
Diving Board	Not Available	Not Available	Not Available	Not Available	Not Available	1 Diving Board 3:00PM - 4:45PM	1 Diving Board 3:00PM - 4:45PM
** Pool Changes in Schedule **							
8/19-23 COMPETITION POOL CLOSURE				8/26-9/2 LEISURE POOL & SPA CLOSURE			
9/2	Labor Day Hours	9:00am - 5:00pm					

POOL RULES

- ◆ Children 8 and under must be accompanied by a responsible guardian at least 15 years of age & wearing swimwear. Non-swimmers must be within arms reach of their guardian at all times.
- ◆ Diving is allowed only in designated areas. Diving in the shallow water and leisure pool is not permitted.
- ◆ Prolonged and/or repeated breath holding activities are strictly prohibited.
- ◆ All swimmers are subject to an assessment of their swimming skills. Non-swimmers and weak swimmers are restricted from areas deeper than shoulder depth.
- ◆ Inflatable devices are subject to lifeguard discretion.
- ◆ Bathing suits, modest and in good repair, are required.
- ◆ Running, Horseplay, Dunking, Pushing, or Profanity is strictly prohibited.
- ◆ Gum, Tobacco Products, alcohol and Glass are not allowed.
- ◆ Food and beverages are restricted to designated areas.
- ◆ Young swimmers who are not toilet trained must wear appropriate swim diapers.

WATER WALKING

Water walking is available with or against the current during designated hours in the Lazy River of the Leisure Pool. Water walking through the river must be continuous in either direction. For better traction during the workout, water walkers are advised to wear non-skid shoes in the pool. Other areas of the pool are available for exercise for those who do not wish to utilize the current.

RECREATIONAL SWIMMING

The Leisure Pool is open for recreational swimming during the times listed above. Features include a water spray feature, a slide and a lazy river all of which operate during these designated recreational swim hours. Lifejackets are available for use. A guardian must be within arm's reach of any non-swimmers in the water.

SPLASH & PLAY

Splash & Play is a time set aside for children 6mo - 6yrs old & their parents to enjoy the zero-entry portion of the Leisure Pool. Parents must be in the water and directly supervising their children.

OPEN DIVE TIME

One diving board in the Competition Pool is designated for recreational use during the open dive times. Swimmers are subject to a swim test before entry into deep water.

Lap Lane Availability

November 4 - December 22 &
January 3 - February 12

UPDATED
10/30/2024

COMpetition POOL (25 yards & 4-5ft - 12ft deep)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	8 Lanes 5:15AM - 8:55AM					Pool Temp: 81 degrees		
	4 Lanes 8:55AM - 10:05AM Lanes 1-4 Closed					8 Lanes 7:00AM - 9:00AM	8 Lanes 7:00AM - 9:00AM	
	*6 Lanes 10:05AM - 3:10PM *7-8 to close if needed					POOL CLOSED 9:00 - 10:30 AM * Clayton High School Athletics *		6 Lanes 9:00AM - 12:00PM Lanes 1 & 8 Closed
	*5 Lanes 1:00pm-3:00pm Lanes 1-2 & 7-8 Closed				*5 Lanes 1:00pm-3:00pm Lanes 1-2 & 7-8 Closed	4 Lanes 10:30AM - 11:30AM Lanes 1-2 & 7-8 Closed		
	POOL CLOSED 3:00 - 5:30 PM * Clayton High School Athletics *					4 Lanes 11:30AM - 4:45PM Lanes 3-6 Closed	4 Lanes 12:00PM - 4:45PM Lanes 3-6 Closed	
	6 Lanes 5:30PM - 7:45PM Lanes 7-8 Closed	6 Lanes 5:30PM - 6:30PM Lanes 7-8 Closed	6 Lanes 5:30PM - 7:00PM Lanes 7-8 Closed	6 Lanes 5:30PM - 6:30PM Lanes 7-8 Closed	*4 Lanes 5:30PM - 8:00PM Lanes 7-8 Closed	LANE AVAILABILITY IS SUBJECT TO CHANGE Contact the Aquatic Office at (314) 290-8520 with questions.		
	2 Lanes 7:45PM - 8:45PM Lanes 3-8 Closed	2 Lanes 6:30PM - 8:45PM Lanes 3-8 Closed	4 Lanes 7:00PM - 7:45PM Lanes 1-2 & 7-8 Closed	2 Lanes 6:30PM - 8:45PM Lanes 3-8 Closed				
			2 Lanes 7:45PM - 8:45PM Lanes 3-8 Closed		6 Lanes 8:00PM - 8:45PM Lanes 1-2 & 7-8 Closed			

**** Competition Pool Changes in Schedule **** Dates are subject to change based on Clayton High School Athletics Schedule.

11/27	6 lanes CLOSED	POOL CLOSED 10:15am - 12:00pm	1/16	Home Swim Meet	POOL CLOSED 3:00pm - 6:00pm
11/27	6 lanes OPEN	3:00pm - 5:30pm	1/21	Home Swim Meet	POOL CLOSED 3:00pm - 6:00pm
11/28	Thanksgiving Day	CENTER CLOSED			
11/29	Day after T-Day- 6 lanes open	9:00am - 8:45pm			
12/4	Home Swim Meet	POOL CLOSED 3:00pm - 6:00pm			
12/10	Home Swim Meet	POOL CLOSED 3:00pm - 6:00pm			
1/9	Home Swim Meet	POOL CLOSED 3:00pm - 6:00pm			
1/11	CHS Youth Swim Clinic	POOL CLOSED 8:00am - 10:45am			

**Away meets on 12/3, 12/7, 12/12, 1/6, 1/14, 1/23, 2/4, & 2/5 can change to home meets or students may still have practice during a meet. Verification of open lanes is not available until the time of the game or practice.

See "Schedule Updates for Winter Break" Page for hours during 12/22 - 1/3

LEISURE POOL (25 yards & 4-5 ft deep)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	2 Lanes 5:15 - 10:55AM	2 Lanes 5:15 - 10:25AM	2 Lanes 5:15 - 10:45AM	2 Lanes 5:15 - 10:25AM	2 Lanes 5:15 - 10:55AM	Pool Temp: 86 degrees	
	0 Lanes 10:25 - 11:35AM		0 Lanes 10:45 - 11:35AM	0 Lanes 10:25 - 11:35AM		2 Lanes 7:00AM - 9:30AM	2 Lanes 7:00AM - 9:00AM
	2 Lanes 11:35AM - 5:30PM		2 Lanes 11:35AM - 5:00PM	2 Lanes 11:35AM - 5:30PM		1 Lane 10:15AM - 12:00PM	1 Lane 9:00AM - 12:00PM
	1 Lane 5:30 - 7:00PM		1 Lane 5:00 - 7:45PM	1 Lane 5:30 - 7:00PM		2 Lane 12:00 - 4:45PM	
	2 Lanes 7:00 - 8:45PM		2 Lanes 7:45 - 8:45PM	2 Lanes 7:00 - 8:45PM		71 lengths or 35.5 laps = 1 mile	

**** Leisure Pool Changes in Schedule ****

See "Schedule Updates for Winter Break" Page for hours during 12/21 - 1/3

LAP SWIMMING ETIQUETTE

- ◆ Choose a lane based on your swimming ability Slow/Medium/Fast.
- ◆ Notify all swimmers in a lane of your presence before entering the water.
- ◆ Circle swim to allow multiple swimmers to use the same lane.
- ◆ Up to six swimmers may use the same lane at one time.
- ◆ If you need to rest between laps, do so at the corner of the lane.
- ◆ Water jogging in lanes is not allowed when multiple swimmers are present.
- ◆ Follow the lifeguards' direction. Lanes may be moved to accommodate the schedule.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hot Tub	5:15AM - 8:45PM					7:00AM - 4:45PM	
Lazy River	Water Walking 5:15AM - 5:00PM & 7:00PM - 8:45PM	Water Walking 5:15AM - 4:30PM & 7:00PM - 8:45PM	Water Walking 5:15AM - 10:25AM & 10:45AM - 5:00PM	Water Walking 5:15AM - 4:30PM & 7:00PM - 8:45PM		Water Walking 7:00AM - 9:00AM	Water Walking 7:00AM - 12:00PM
Zero Entry Area	Splash & Play 10:00AM-11:30AM <small>*ages 6mo-6yrs with a guardian in the water</small>					Splash & Play Not Available	Splash & Play 10:00AM-11:30AM <small>*ages 6mo-6yrs with a guardian in the water</small>
Leisure Pool	Recreational Swimming Not Available	Recreational Swimming 4:30PM- 7:00PM	Recreational Swimming Not Available	Recreational Swimming 4:30PM- 7:00PM		Recreational Swimming 12:00PM - 4:45PM	
Diving Board	Not Available					1 Diving Board 3:00PM - 4:45PM	

**** Leisure Pool Changes in Schedule ****

11/29	Additional Rec Swim	1:00pm - 7:00pm			
See "Schedule Updates for Winter Break" Page for hours during 12/21 - 1/2					

POOL RULES

- ◆ Children 8 and under must be accompanied by a responsible guardian at least 15 years of age & wearing swimwear. Non-swimmers must be within arms reach of their guardian at all times.
- ◆ Diving is allowed only in designated areas. Diving in the shallow water and leisure pool is not permitted.
- ◆ Prolonged and/or repeated breath holding activities are strictly prohibited.
- ◆ All swimmers are subject to an assessment of their swimming skills. Non-swimmers and weak swimmers are restricted from areas deeper than shoulder depth.
- ◆ Inflatable devices are subject to lifeguard discretion.
- ◆ Bathing suits, modest and in good repair, are required.
- ◆ Running, horseplay, dunking, pushing, or profanity are strictly prohibited.
- ◆ Gum, tobacco products, alcohol and Glass are not allowed.
- ◆ Food and beverages are restricted to designated areas.
- ◆ Young swimmers who are not toilet trained must wear appropriate swim diapers.

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OPEN DIVE TIME

One diving board in the Competition Pool is designated for recreational use during the open dive times. Swimmers are subject to a swim test before entry into deep water.